

The Bread Exchange: Tales and Recipes from a Journey of Baking and Bartering

Malin Elmlid

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Malin Elmlid : The Bread Exchange: Tales and Recipes from a Journey of Baking and Bartering before purchasing it in order to gage whether or not it would be worth my time, and all praised The Bread Exchange: Tales and Recipes from a Journey of Baking and Bartering:

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An ode to a life warmly lived, *The Bread Exchange* tells the story of one woman's hunger for greater meaning in her life and how it has been enriched by the sharing of her handmade bread. From her cozy kitchen in Berlin to a flat in London, from a deck in New York City to huddling around a tandoor in Kabul, the author shares discoveries, stories, and recipes from her inspiring travels. A busy fashion-industry professional with a bread-baking obsession, Malin Elmlid started offering her loaves to others in return for recipes, handmade goods, and, above all, special experiences that come from giving generously of yourself. Here is a book of tales and reflections, of wanderlust connections, and more than 50 recipes for Malin's naturally leavened breads and other delicious things collected on a journey honoring the staff and the stuff of life.

"To give is better than to receive, we're told. But Malin Elmlid, a former fashion sales manager with a serious baking hobby, learned the true meaning of the phrase while traveling and baking around the world. Her wanderings eventually turned into a blog, *The Bread Exchange*, which turned into a gorgeously-photographed cookbook..." - Yahoo Food
About the Author
Malin Elmlid launched the Bread Exchange in 2008 while working as a European sales manager for premium brand Levi's Vintage. She has been profiled by media in many countries and writes about travel, food, and style for lifestyle and travel publications. Swedish by birth, she is now based in Berlin.