

[Free pdf] The Book of Stir-fry Dishes

The Book of Stir-fry Dishes

Elizabeth Wolf-Cohen
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Elizabeth Wolf-Cohen : The Book of Stir-fry Dishes before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Book of Stir-fry Dishes:

0 of 0 people found the following review helpful. GreatBy ELLEN GOODFELLOWLove these books. I lost all of

mine in a flood and was so happy to find them again. They are perfect in the kitchen because they wipe off easily. The recipes seem to be chosen carefully because I have not found any yet that I haven't enjoyed and they have easy to follow instructions. The packaging on all of the ones I have received has been perfect. I am thrilled! Thanks for taking such good care of them because all of them were bought used. 0 of 0 people found the following review helpful. Five Stars By Julia Easy to follow, good recipes, love the whole collection ! 7 of 7 people found the following review helpful. Stir-Fry Magic! By A Customer This book is absolutely wonderful! The recipes are as delicious and exciting as they sound, and I have wowed family and friends with my wonderful creations based on the recipes in this book! Only a few, minor criticisms: some of the dishes are a bit bland (they could use a splash of wine or a few more spices); also, I have cooked in a wok before, so they recipes were not challenging to me, but to a beginner wok-cooker, there might have been just a few more tips and suggestions as to how one cooks in a wok. But otherwise, I just received another book from this series (Book of Fondues) and can not wait to start some more cooking!

The Book Of Stir-Fry Dishes focuses on the one-pot meals of the nineties: meals that can be easily cooked in one pan, that are filled with wonderful flavors, and that satisfy the need for fast--and healthy--foods. Step by step photographs show how simple each recipe is to prepare. Chapters include fish, shellfish, beef, pork, lamb, chicken, vegetables, desserts, and more.