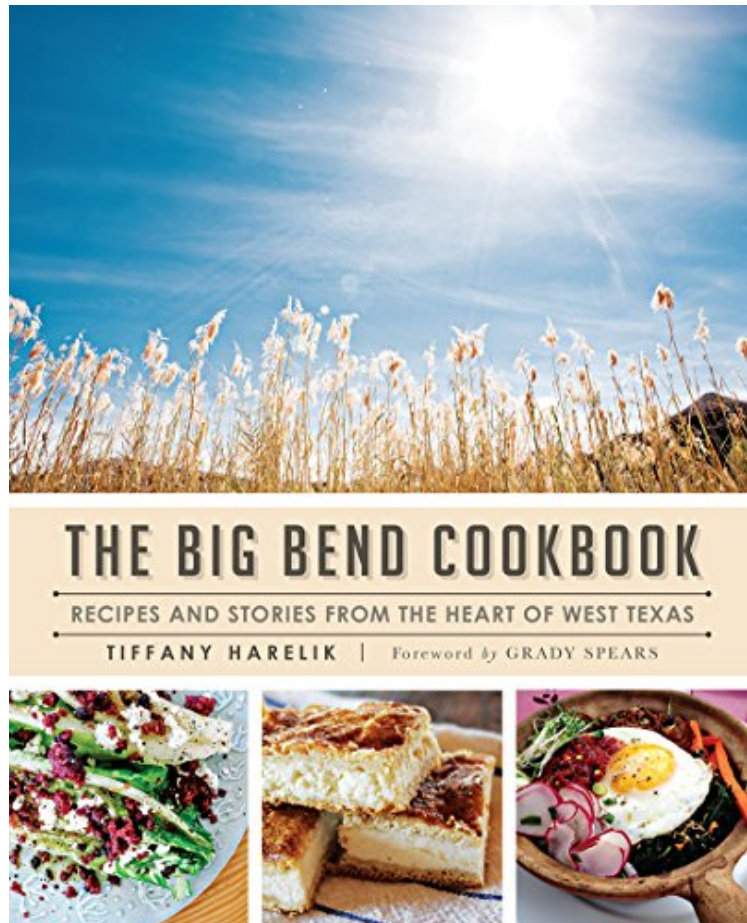


The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate)

Tiffany Harelik

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Tiffany Harelik : The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Big Bend Cookbook: Recipes and Stories from the Heart of West Texas (American Palate):

0 of 0 people found the following review helpful. Loved every single pageBy austexgrLoved every single page, recipe, and picture... I was surprised.. thought it was going to be just an ordinary Texas Cookbook. This is a delight.. it is so much more!!!0 of 0 people found the following review helpful. Very nice quality picturesBy Michaela DavisI'm from the BBNP area and lived this cookbook! Very nice quality pictures.3 of 7 people found the following review helpful. Disappointing.By Alice WildermuthAs someone who has spent the last 13 winters in the Big Bend, I expected more. The true heart of Big Bend is the Terlingua/Study Butte area, just outside the western entrance to Big Bend National Park. There are numerous restaurants there, not to mention numerous home cooks who would have shared their recipes for true West Texas/border food. No mention of Presidio, either. Lajitas? It's Dallas on the Rio

Grande. I haven't had a good meal there in years and it's hideously overpriced. Reata in Alpine is good but there are several small restaurants as good or better. I suggest the author return and sample Los Jalapenos, for one. It is obvious that the author was a short time visitor, not someone who knows the area at all well.

Early settlers of the Big Bend honed a culture of self-reliance, resilience and creativity. Today, this is reflected in the diverse art, music and cuisine of the area that draw visitors undeterred by its isolation. Though sparsely populated, Big Bend is home to nationally acclaimed restaurants and chefs, as well as generations' worth of family recipes. Travel town by town and plate by plate in this culinary and cultural tour through the Big Bend. Indulge in a slice of jalapeno chocolate cake from Lajitas. Taste the way Big Bend Brewery's beer makes beef stew irresistible. Take a bite of an innovated classic with the rich pistachio fried steak in Marfa. From barbecued cabrito in Marathon and pozole in Fort Davis to adventures foraging in the desert, savor a part of Texas unlike any other. Author Tiffany Harelik guides the journey with interviews, history and, of course, recipes.

About the Author
Serving up the American dream one plate at a time, Tiffany Harelik is a travel and food writer with a focus on iconic street food culture.