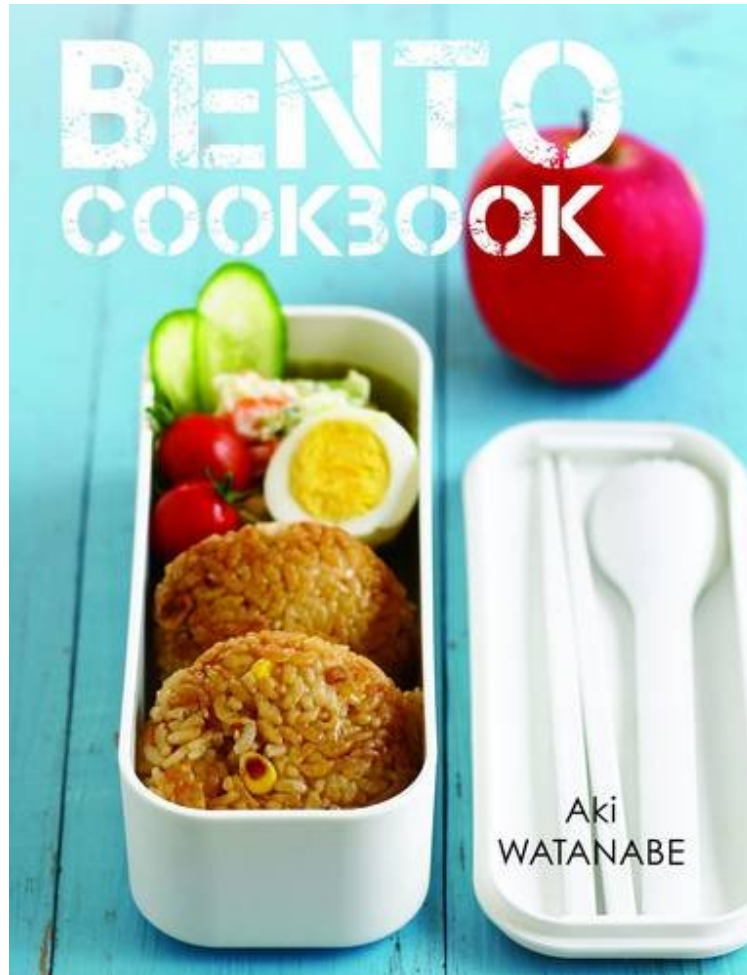


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The Bento Cookbook

Aki Watanabe

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Aki Watanabe : The Bento Cookbook before purchasing it in order to gage whether or not it would be worth my time, and all praised The Bento Cookbook:

The delicious idea of packing a meal within a compact box is not only convenient, but also makes cooking fun and enjoyable. From flavourful meats and stews to light and savoury seafood, discover a variety of great-tasting ways to jazz up your lunchbox. With 50 fun and tasty recipes from Aki Watanabe, the author of the best-seller Donburi, get ready to try your hand at more authentic Japanese recipes in your own kitchen!

About the AuthorMs Aki Watanabe graduated from Kwansei Gakuin University in Japan, and holds a professional

culinary license after furthering her studies at Tokyo Masuda Culinary College. In Japan, she worked as a pastry chef in a French restaurant and a pastry shop. She moved to Singapore in 2002 and was a head chef in a Japanese restaurant until 2008. Ms Watanabe's extensive experience and skill in Japanese home-style cuisine comes from her passion for creating delicious wholesome meals. She also believes that cooking should be as enjoyable as savouring food.