

[Download] The Balti Cookbook (Hamlyn Classical Regional Cookery)

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**Hamlyn : The Balti Cookbook (Hamlyn Classical Regional Cookery)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Balti Cookbook (Hamlyn Classical Regional Cookery):

Balti is "a curry cooked in a wok". It originated in Northern Pakistan and came to Britain in the 1970s where it has become very popular. Balti food uses only fresh ingredients and is usually eaten in the balti dish with Indian bread. This cookbook contains more than 100 recipes from tandoori chicken and lamb korma to roganjosh and mixed vegetable balti. There are chapters on vegetarian baltis, chicken, lamb, pork and beef baltis, vegetable side dishes, different Indian breads, accompaniments and a section on desserts. All the recipes are easy to follow and simple to prepare. There is a comprehensive introduction explaining the history of balti as well as information on specialist equipment, herbs and spices. There is also a glossary explaining more unusual terms.