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# The Asian Kitchen : The Best of Chinese and Far Eastern Cooking

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**From Lorenz Books : The Asian Kitchen : The Best of Chinese and Far Eastern Cooking** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Asian Kitchen : The Best of Chinese and Far Eastern Cooking:

With the abundance of fresh produce which is now readily available, cooking Chinese food has never been easier. All the recipes in this cookbook have been adapted for the Western kitchen. '