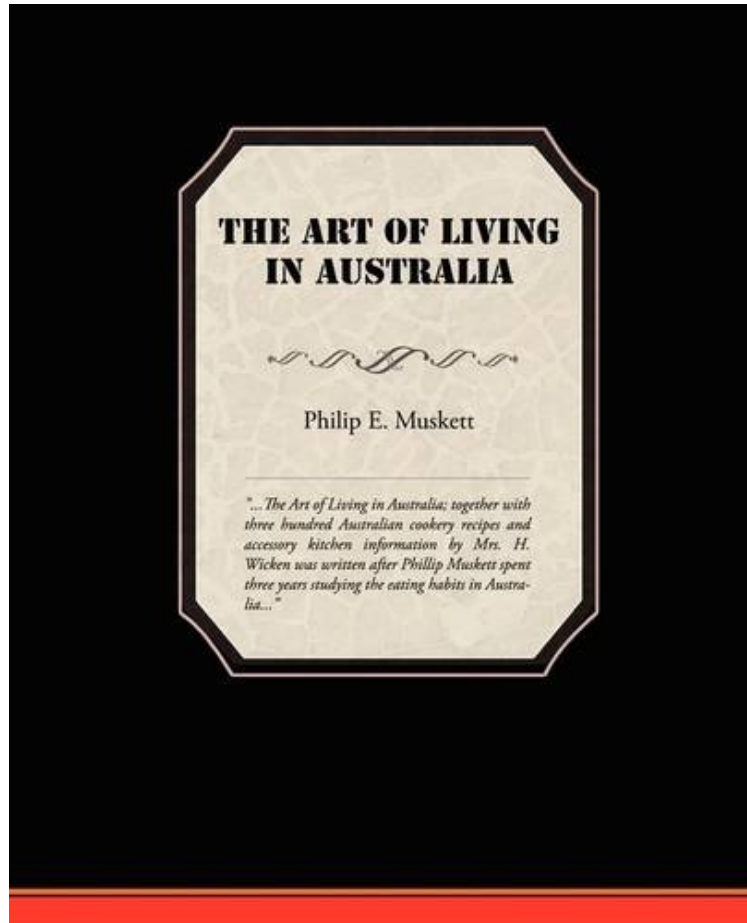


The Art of Living in Australia

Philip E. Muskett

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2009-06-08Original language:EnglishPDF # 1 9.25 x 1.05 x 7.52l, 1.95 #File Name: 1438520069520 pages | File size: 24.Mb

Philip E. Muskett : The Art of Living in Australia before purchasing it in order to gage whether or not it would be worth my time, and all praised The Art of Living in Australia:

10 of 10 people found the following review helpful. Window into the pastBy J. WoodwardWritten early in the last century, this books offers a window into the past. It is surprising how many of the ideas put forward then as proposed changes for better living, are being advocated today. Some are clearly ahead of their time...others miss the mark. Apparently, all hope for the future of Australia lays in it's wines.It is only in the last 1/4th of the book that the author finally gets to recipes. Like many recipes of that era, a modern cook will have fun trying to decipher amounts and in some cases ingredients: how much is a "fagot" of herbs? Which herbs? If you are comfortable working around these sorts of challenges, then this is worth the download.I like these books to see old recipes for sauces, condiments, and other such things. In today's world they are mass produced and have lots of additives - being able to make them myself is healthier, cheaper and can be adjusted to suit our tastes.0 of 0 people found the following review helpful. Four StarsBy Robert V LopezMade me want to go and join my friend, who lives in Australia. And "go for a walk-about."0

of 0 people found the following review helpful. Great bookBy CustomerThis product is excellent. if you are looking for great reading for the money. buy with confidence. Love this product.

The Art of Living in Australia; together with three hundred Australian cookery recipes and accessory kitchen information by Mrs. H. Wicken was written after Phillip Muskett spent three years studying the eating habits in Australia. He felt that the Australian people had not taken advantage of their natural resources such as deep-sea fishing and their semitropical climate when choosing their diet. Muskett discusses the health problems in the population related to their diet. He also talks about the diet given to the children in the schools.