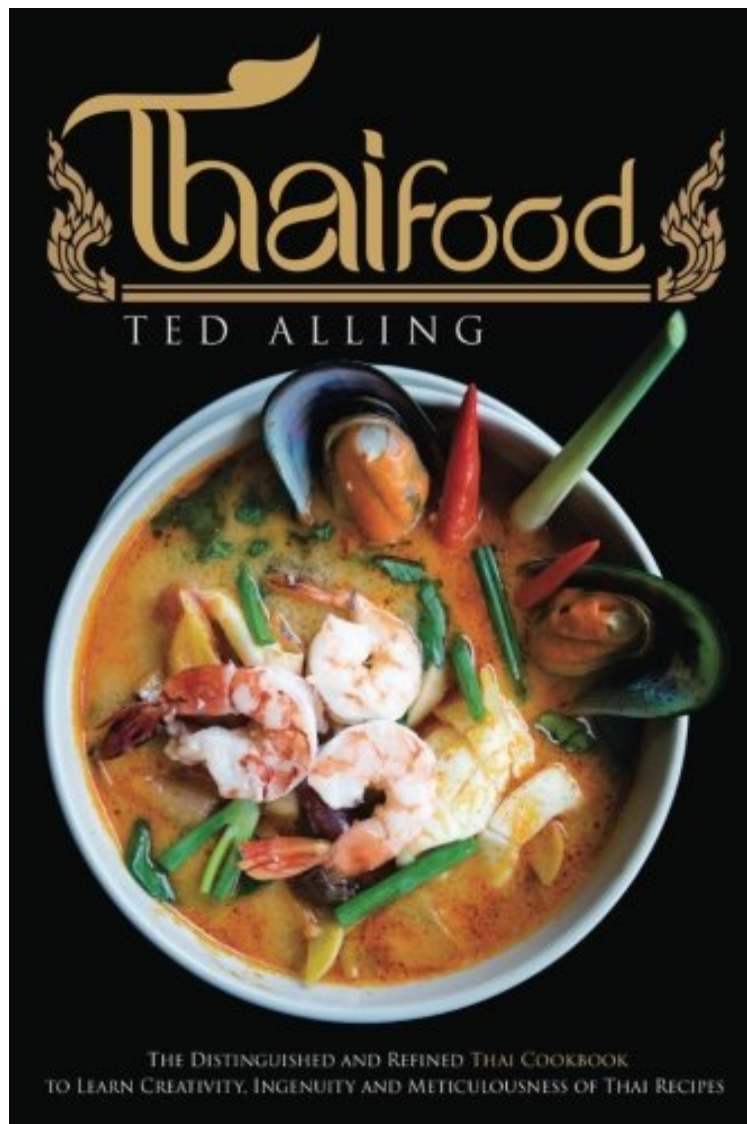


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Thai Food: The Distinguished and Refined Thai Cookbook to Learn Creativity, Ingenuity and Meticulousness of Thai Recipes

Ted Alling

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The kitchen is an integral part of a country; it is what represents culture, its environment, its tastes and its values. The words that best describe Thai cooking are creativity, ingenuity and meticulousness; Thai food is a real mix of textures, colors and flavors. It is a kitchen that uses a lot of ingredients and variety of cooking methods. One of the peculiarities of Thai cuisine is the pronounced use of herbs and spices to enhance the taste of dishes. Rice is the staple food in Thailand and it is often accompanied by meat or fish in sauce and vegetables. Noodles are also very popular; there are many kinds, cooked in different ways. In addition, Thai dishes are often decorated with all kinds of vegetables such as broccoli, corn, mushrooms, tomatoes, carrots, and many others. So if you are looking for a rich and refined cuisine, Thai food is for you to enjoy. For many years now it has an excellent reputation internationally gaining more and more fans. It has the virtue of being a healthy cooking thanks to the use of a multitude fresh aromatic herbs and varied vegetables. It is also very appreciated for its particularity to associate and subtly conjugate the flavors by mixing bitter, sweet, salty, spicy ingredients to each recipe. Letsquo;s not wait any longer to discover this distinguished culture and refined cuisine.