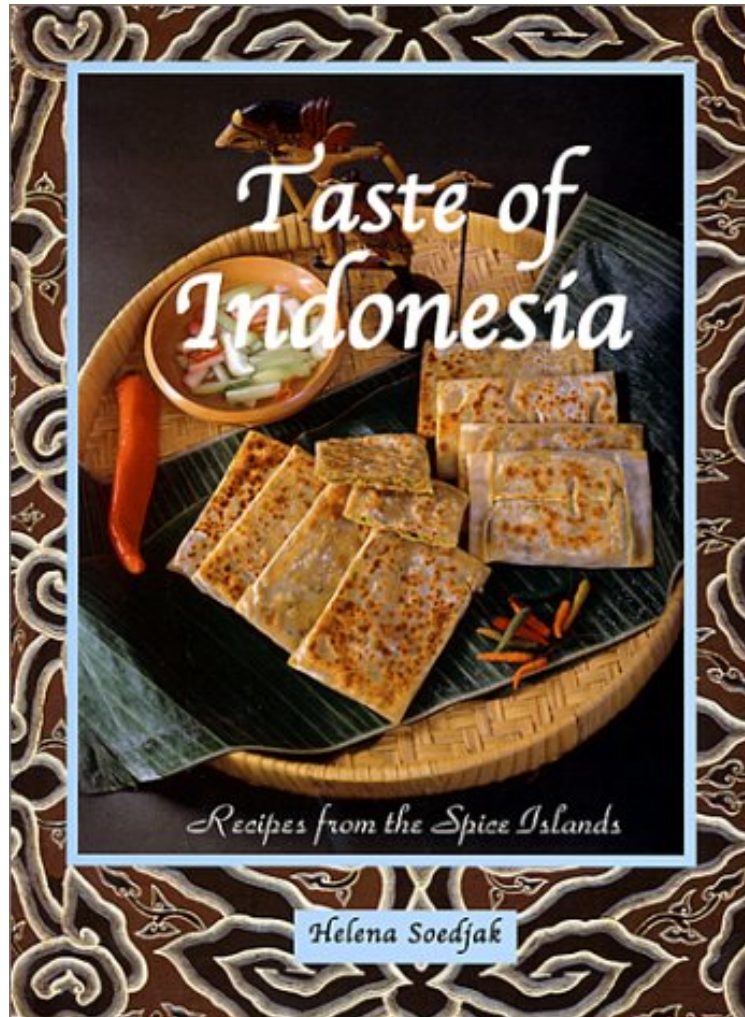


## Taste of Indonesia: Recipes from the Spice Islands

*Ph.D. Helena Soedjak*

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**Ph.D. Helena Soedjak : Taste of Indonesia: Recipes from the Spice Islands** before purchasing it in order to gage whether or not it would be worth my time, and all praised Taste of Indonesia: Recipes from the Spice Islands:

6 of 9 people found the following review helpful. Insightful look into Indonesian food and culture.By C. LarsonThe recipes in the book appear to be authentic. The beef rendang recipe is delicious. I am looking forward to testing the other recipes in the near future for my partner from Indonesia. The most challenging part is finding what I need in the local asian market. For harder to find ingrediants the author gives substitutions.2 of 2 people found the following review helpful. Interesting and Easy Do-it-Yourself RecipesBy ASHWe had many Indonesian friends who used to astound us with delicious samplings of their cooking. So, after tasting their food, we bought this book hoping to try some of their recipes since they had long returned to Indonesia. I was a little disappointed with this book because most of the recipes we see are influenced by Chinese and Indian cooking eg. Chicken in Soy Sauce and the Murtabak, and

while I realize that all this stems from the influences in the region, what we were looking for were the kind of dishes which our Indonesian friends spruced up and that we never saw. The Rendang recipe did not quite turn out the way our friends made them but it was still nice. It will be nice to have more pictures as an illustration on what to expect of some of the dishes as well because Indonesian cooking would be a specialty in this part of the world and if someone tries something, they'd like to know what to expect of the final product.

Indonesian cuisine has developed from a blend of Indian, Chinese, Arabic, and Dutch influences. Now American cooks can prepare authentic Indonesian food using 93 easy-to-follow recipes. A 32-page color spread displays prepared recipes in traditional table settings.