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Tao of Chinese Tea: A Cultural and Practical Guide

Ling Yun

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A CULTURAL AND PRACTICAL GUIDE
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Ling Yun : Tao of Chinese Tea: A Cultural and Practical Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Tao of Chinese Tea: A Cultural and Practical Guide:

5 of 5 people found the following review helpful. Good Explanations of The "Tao"By MaryhAs a westerner learning about Asian tea and its philosophy, this book helped a great deal. It explained, in a way that I could undertand, the meaning of Tao and how it is connected to the beverage of tea. The photographs of the different kinds of tea, Chinese cultural artifacts, and various parts of China helped me to understand the history of both the Tao and the tea. Ling Yun also explains the Asian concept of the 5 elements in simple language.15 of 16 people found the following review helpful. The book that captures the eloquent Spirit of teaBy SilverHeartThis book has an amazing history of tea throughout the dynasties of China and describes all the elements of tea and captures the true essence of tea. I feel much richer (spiritually) as a person having read and consumed the written pages of this book. I am learning Kong Fu or Gong Fu ceremony and this has been a definite additive to my experience.0 of 1 people found the following review

helpful. The real understanding of Chinese culture and Chinese Tea! By sir Clive absolutely fabulous and superb!! this the real understanding of Chinese culture and Chinese Tea! Great accurate and detailed description of the use and preparation of Tea through the many Chinese dynasties. its invention, discovery and more. Spiced with many interesting and funny stories about people and Tea customs and how they came to be. Presented with beautiful Chinese pictures. A must for a tea lover!

Learn about the history of Chinese tea, which dates back over 5,000 years and involves emperors, wars, and unsung heroes. Take a closer look at the philosophies and wisdom behind tea that have been passed down from one generation to another. Follow the delicately crafted art of the tea ceremony and the etiquette of drinking tea at a traditional tea house. Learn how to prepare Chinese tea by a top-rated Chinese tea master.