

(Pdf free) Stir-Fry: Creative Wok Cooking (Creative Cooking Library (Smithmark))

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Sunset Books

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Sunset Books : Stir-Fry: Creative Wok Cooking (Creative Cooking Library (Smithmark)) before purchasing it in order to gage whether or not it would be worth my time, and all praised Stir-Fry: Creative Wok Cooking (Creative Cooking Library (Smithmark)):

3 of 3 people found the following review helpful. Stir-Fry is a small concise reviewBy Yvonne C. OrtegaNice review of tools needed, method of hot wok stir frying and a great collection of recipes. There are vegetarian and meat dishes. A nice variety of stir fry sauce recipes is also provided. Also, a neat metric conversion table is located within the back cover

A boon for time-conscious chefs, stir-frying brings out the best in good food. From appetizers to desserts, readers will find traditional recipes from Asia, as well as those inspired by Italian, French, and even American Southwestern fare. The introduction offers tips for choosing and caring for a wok, wok accessories, and more. Approximately 35 recipes and 25 color illustrations.