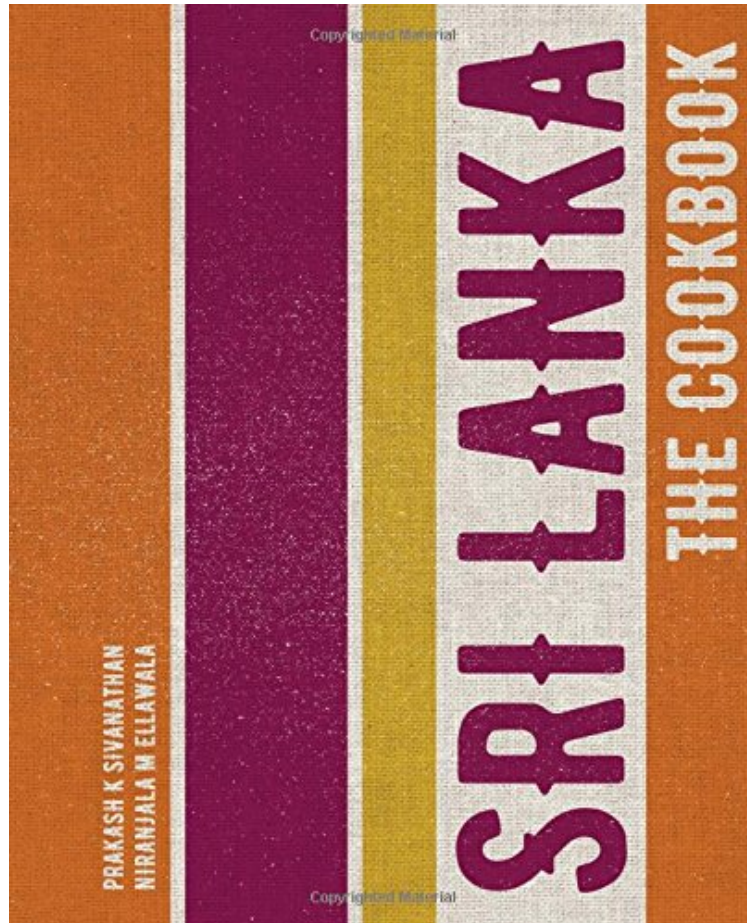


[Library ebook] Sri Lanka: The Cookbook

Sri Lanka: The Cookbook

Prakash K Sivanathan, Niranjala M Ellawala
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Prakash K Sivanathan, Niranjala M Ellawala : Sri Lanka: The Cookbook before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sri Lanka: The Cookbook:

Feather-light hoppers, fiery sambols, subtly spiced curries and unique 'vadars' (fried snacks) come together in this definitive collection of Sri Lanka's most authentic and vibrant recipes. As Sri Lanka is being rediscovered a travel destination, its varied cuisine is also under the spotlight. As well as absorbing influences from India, the Middle East, Far East Asia and myriad European invaders, the small island also has strong Sinhalese and Tamil cooking traditions and this cookbook brings these styles together to showcase the best of the country's culinary heritage. Dig into 100 recipes that celebrate the island's wonderful ingredients, from okra and jackfruit to coconut and

chillies, and explore its culture through original travel photography of the country, its kitchens and its people.