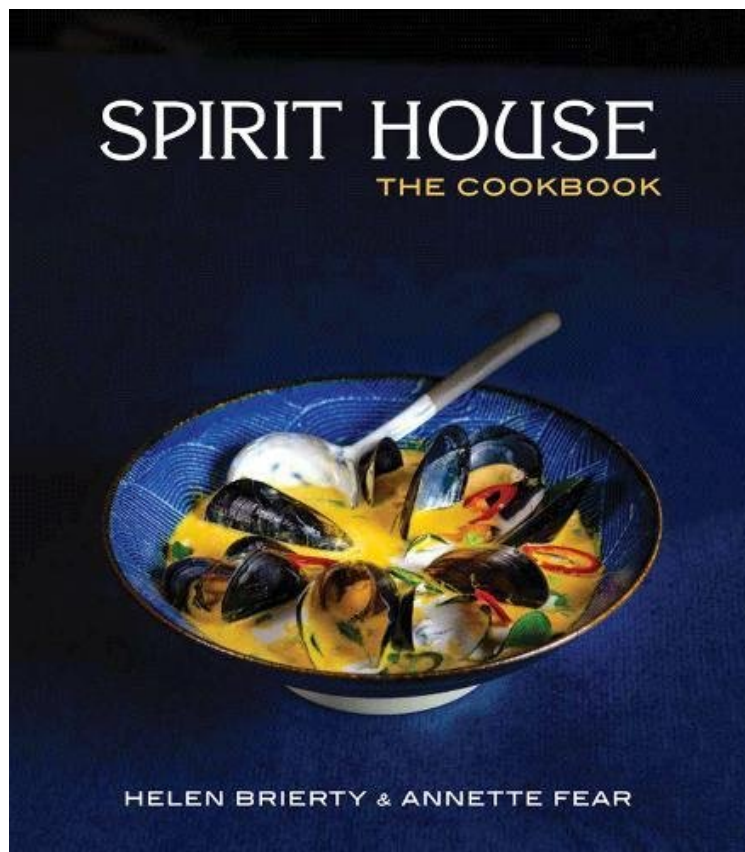


Spirit House

Helen Brierty

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Helen Brierty : Spirit House before purchasing it in order to gauge whether or not it would be worth my time, and all praised Spirit House:

Spirit House, The Cookbook is a brilliant companion to previous cookbooks from the well-known and loved restaurant and cooking school of the same name. With new recipes from chef, Annette Fear, this book is set to be another best seller. Recipes include the basic essentials, traditional Thai favourites and other Asian recipes presented with colour photographs. This cookbook is set to inspire readers to explore at home the unique balance of sweet, sour, salt and spicy common to Thai cooking. It has all the ingredients that a home cook needs: middot; easily sourced ingredients middot; clear instructions middot; preparation and cooking times with degree of difficulty for each recipe middot; plenty of chefs' tips middot; and hot tips about the more exotic spices and ingredients. Spirit House, The Cookbook is sure to become another long-serving Spirit House classic. (Helen Brierty Annette Fear)

About the Author Spirit House owner Helen Brierty and chef Annette Fear have brought together their most

popular dishes for you to cook at home. You will discover a taste sensation in this showcase of modern Thai cuisine.