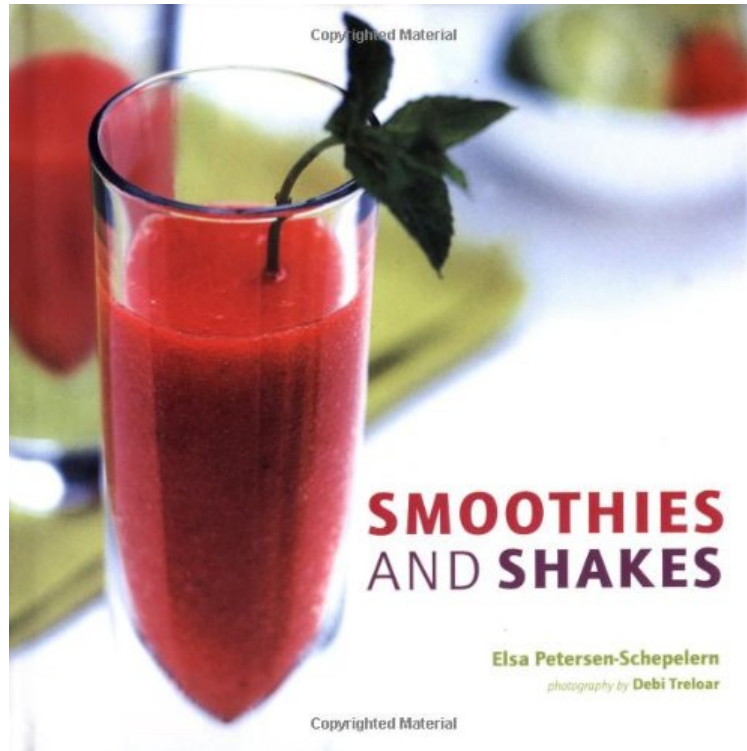


## Smoothies and Shakes

*Elsa Petersen-Schepelern*  
audiobook / \*ebooks / Download PDF / ePub / DOC



#10317034 in Books 2001-02-13Original language:EnglishPDF # 1 .47 x 7.76 x 7.68l, #File Name: 184172130164 pages | File size: 32.Mb

**Elsa Petersen-Schepelern : Smoothies and Shakes** before purchasing it in order to gage whether or not it would be worth my time, and all praised Smoothies and Shakes:

30 simple recipes for smoothies, icy treats, yoghurt drinks and more, using a blender.

About the AuthorElsa Petersen-Schepelern is a Danish-Australian food writer. She began her working life as a publicist for movie stars, best-selling novelists, sportsmen, and comedians, as well as top chefs, before taking up the pen and the pans on her own account. Based in London, Elsa now spends much of her time sampling food and wine around the world. She draws on an eclectic mix of cuisines as the inspiration for her delicious recipes. Elsa's first book on Smoothies and Other Blended Drinks was an international best-seller.Debi Treloar, originally from a small mining town in Zimbabwe, has lived and worked in London for the past 10 years. Her photographs are well-known from magazines such as Country Living, Red, and Homes Gardens, and have appeared in other Ryland Peters Small books including Simply Delicious Food, Soda Fountain Classics, and Pumpkin, Butternut, and Squash.