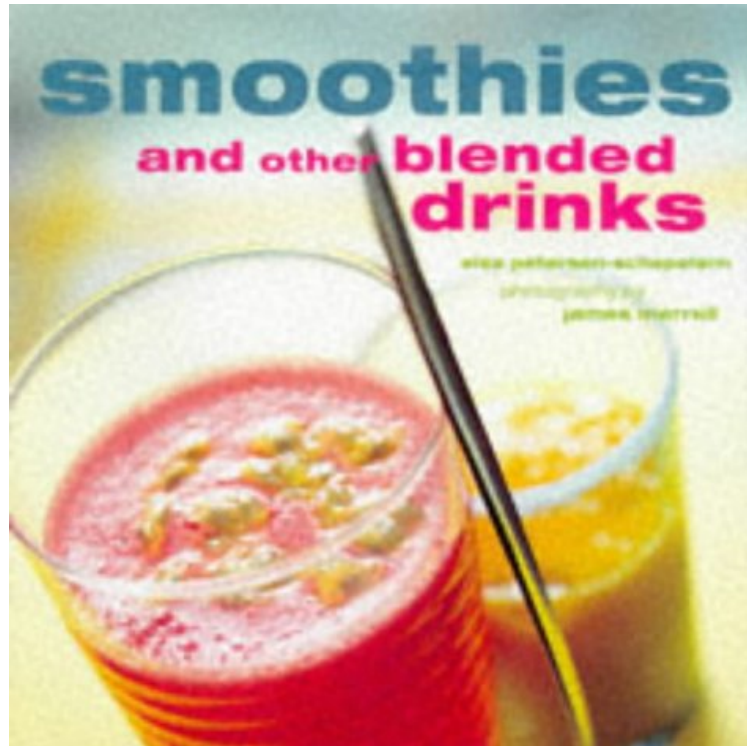


## Smoothies and Other Blender Drinks

*E Peterson Sceplern*

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**E Peterson Sceplern : Smoothies and Other Blender Drinks** before purchasing it in order to gage whether or not it would be worth my time, and all praised Smoothies and Other Blender Drinks:

33 of 34 people found the following review helpful. Gourmet Smoothies for Special OccasionsBy JKThis book is yet another beautifully photographed book of drinks that can loosely be defined as smoothies.None of these drinks are difficult to make, and the several I've done have been delicious.However, the buyer should be aware that a great proportion (perhaps the majority) use either liquor, such as rum, or liqueurs. I'd be inclined to classify this book as a bar reference rather than a food book. Again, the ones I've made have tasted great as mixed drinks. Just don't plan to use these recipes as meal replacers!Most of the ingredients are available in urban areas. The expense per drink is more comparable, again, to mixed alcoholic drinks than the meal replacer type of smoothie.This can be an excellent reference for someone wanting to go beyond daquiris and pina coladas into more exotic bar drinks. Buy as a bar reference, not for your children!14 of 20 people found the following review helpful. Just What I've Been Searching For!By ShannonFor several weeks I searched for the perfect blender drink book for my fiancee and his new blender. He is not really the home appliance type, but figured a blender would be the perfect machine for summer gatherings. I was hoping to suprise him on his birthday, but much to my dismay, I was having no luck finding just the right book with simple yet tasty recipies. Then I came across "Smoothies and Other Blended Drinks" (Ryland, Peters and Small Little Gift Books). This book is absolutely terrific for those of us that want to the point recipies for all ages. Not only does it give you recipies but also little tips on how to use your blender. I recommend this book for anyone who owns a blender, as it will make creating tasty treats an efficient, fun task!

A collection of recipes based around the Smoothie; a mix of milk, ice-cream or yoghurt, blended with fruit.

About the Author Louise Pickford is a sought-after food writer and food stylist with over 20 years' experience. She is the author of 15 cookbooks published worldwide, including 'Smoothies' and 'Barbecue' for Ryland Peters Small. English by birth, she has been based in Sydney, Australia for the past decade, but has recently relocated to rural France—a short drive from Spain! Ian Wallace, graduated with a degree in psychology, and has analyzed over 170,000 dreams for his clients during his professional career. Wallace is the originator of the Dream Connection Process, a unique and powerful method that enables anyone to connect the imagery and symbolism that they create in their dreams to situations and opportunities in waking life where they can use this awareness to make a healthy difference. Wallace regularly appears on television, on radio and in print, where he is consistently applauded for his accuracy and his authority in analyzing dreams.