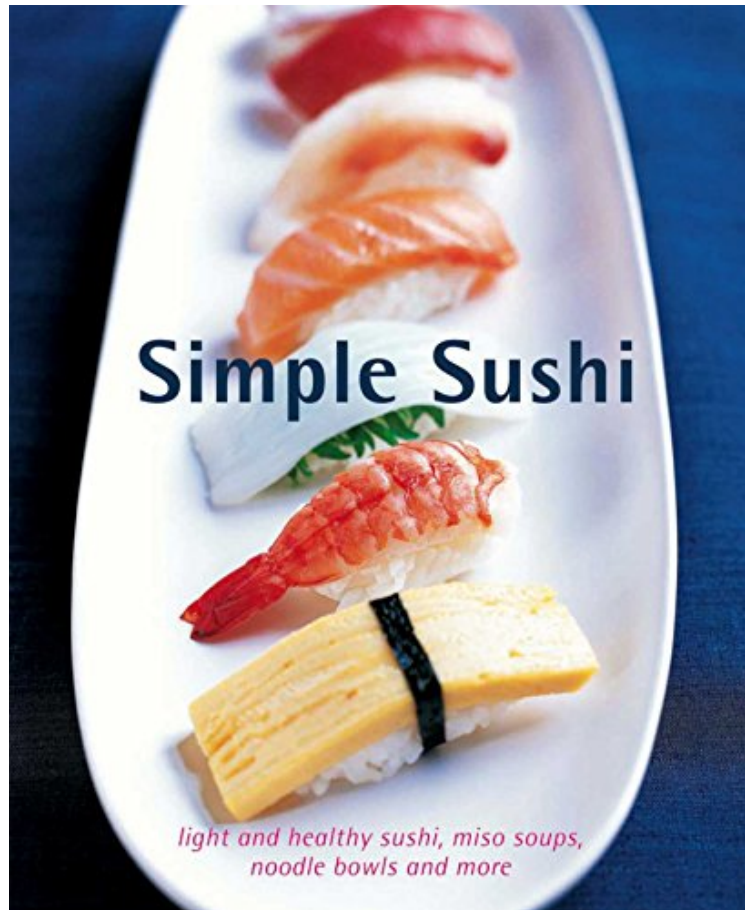


(Get free) Simple Sushi: Light and healthy sushi, miso soups, noodle bowls and more

## Simple Sushi: Light and healthy sushi, miso soups, noodle bowls and more

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**To Be Announced : Simple Sushi: Light and healthy sushi, miso soups, noodle bowls and more** before purchasing it in order to gage whether or not it would be worth my time, and all praised Simple Sushi: Light and healthy sushi, miso soups, noodle bowls and more:

Inspired by the cuisines of Japan, China, and South-east Asia, Simple Sushi shows how easy it is to prepare dishes for every occasion, whether it's rolling sushi for either a tasty lunchbox or an elegant sharing platter for entertaining friends, or whipping up a noodle broth or crispy salad for a quick weekday supper. To start, experience a sushi masterclass, and you'll quickly find that those nutritious little packages of rice are not nearly as tricky to prepare as you expect. Learn the simple techniques for Sushi Rolls and then practice making delicious Teriyaki Chicken or Miso Asparagus Rolls. Pressed and Hand-moulded Sushi embellishes on the theme and introduces more varieties such

as nigiri and batter and perfect squares of deliciously fresh salmon or mackerel and rice along with flower and star shaped sushi that the kids will love. Soups Noodle Bowls are nourishing one-pot meals try a satisfying Salmon, Soba Noodle, and Shiitake Broth or an aromatic Vietnamese Beef Pho while crisp, fresh Salads are perfect for a light lunch or summery supper, and delicious varieties include Lobster Noodle Salad, Cashew Salad with Tamarind Dressing, and Cilantro Ginger Duck Salad. Finally, Accompaniments provides recipes for traditional flavorings such as pickled ginger and wasabi to add heat and spice.

About the Author Ryland Peters Small and CICO Books produce outstandingly beautiful books on homes gardens, crafts, food drink, health well-being, weddings, and mother baby, plus a vibrant gift and stationery list.