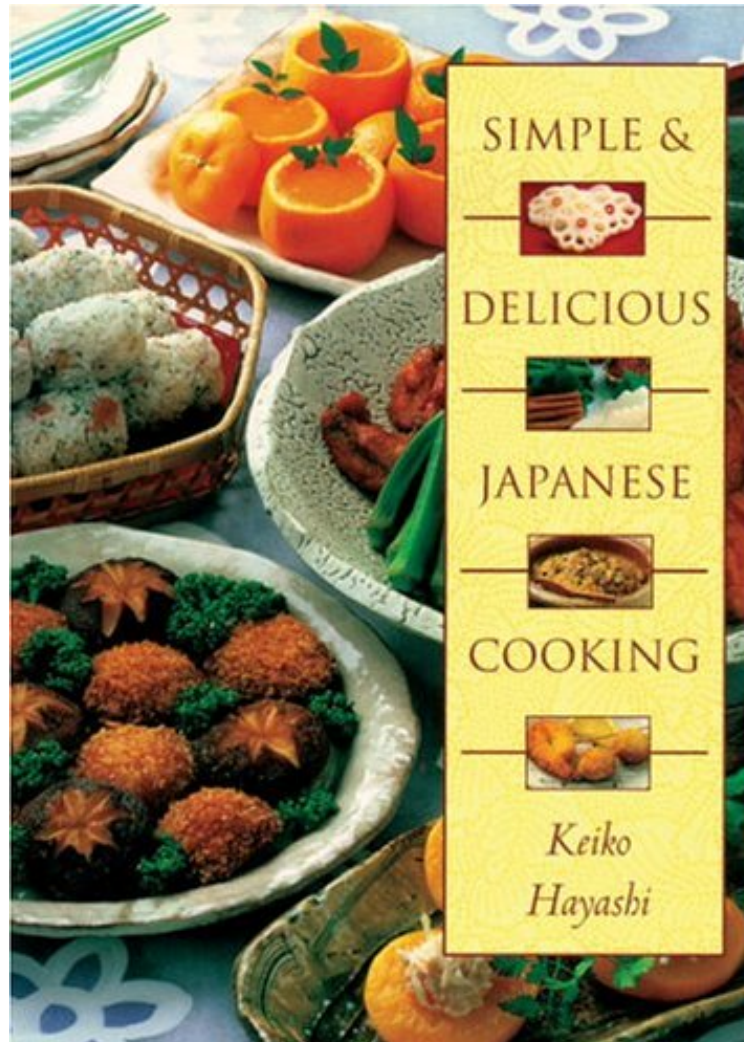


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## Simple Delicious Japanese Cooking

*Keiko Hayashi*

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**Keiko Hayashi : Simple Delicious Japanese Cooking** before purchasing it in order to gage whether or not it would be worth my time, and all praised Simple Delicious Japanese Cooking:

3 of 3 people found the following review helpful. Fabulous Cookbook by a Fabulous Cookbook AuthorBy BroderWriterI LOVE Keiko Hayashi and have enjoyed her cookbooks for almost 20 years! In fact, I'd have to admit, she taught me how to cook Japanese (wa-shoku). Simple Delicious certainly lives up to its title and is a delight for the eyes and the palate. My only request, Ms. Hayashi, is to provide some sympathetic substitutes for those hard-to-find Japanese ingredients, so Westerners can still complete your wonderful recipes. Thanks for spreading the joy of great Japanese cuisine. 16 of 17 people found the following review helpful. Super photos and descriptionsBy Judith952There's a delicious color photo of each recipe, and even the typically Japanese ingredients needed are

photographed and described at the end of the book. The method of preparation is clear and simple, and the book really makes you feel confident of spectacular results.0 of 1 people found the following review helpful. One StarBy CustomerNot nearly as good as I expected it to be

Most Westerners think of Japanese cooking as a difficult art requiring special, hard-to-find ingredients and the mastery of complex and time-consuming techniques. In her thirty years of teaching Japanese cooking to foreign residents in Tokyo, author Keiko Hayashi has proved these assumptions wrong. She has become a master at simplifying difficult traditional Japanese cooking procedures without compromising taste or appearance, and of explaining the use of Japanese ingredients and finding readily available Western substitutes. *Simple and Delicious Japanese Cooking* contains more than one hundred recipes, all of which are easy to follow, kitchen tested, and presented in full color. The recipes are categorized into hors d'oeuvres, soups, seafood, chicken and eggs, meats, vegetables, rice noodles, and desserts. In addition, the author offers four seasonal menus. She also explains traditional Japanese cooking utensils and techniques and provides an exhaustive guide to basic ingredients. *Simple and Delicious Japanese Cooking* is the perfect introduction to one of the world's great cuisines.

**About the Author**Keiko Hayashi began assisting her mother and grandmother in the kitchen at the age of four. Since 1969, Hayashi has published a series of cookbooks and her original recipes have frequently appeared in women's and health-oriented magazines, daily newspapers, and on television. For nearly thirty years she has conducted cooking classes for foreign residents in Tokyo.