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Elle Lynn

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Elle Lynn : Simple As Pie - Recipes Everyone Can Eat Enjoy: Excellent Gluten Free Recipes with Vegan Options before purchasing it in order to gage whether or not it would be worth my time, and all praised Simple As Pie - Recipes Everyone Can Eat Enjoy: Excellent Gluten Free Recipes with Vegan Options:

I don't know about you, but I love pie; the end of the year is my favorite time of year! After the summer and fall harvests, we have berries, peaches, apples, pumpkins, and the list goes on. I get such joy baking for friends and family. That's what makes these gluten-free recipes so fantastic! They don't taste gluten-free; your friends and family will love them as much as you and I do! Food is something that brings us together and unites us. There is nothing more uncomfortable than attending a party that you can't eat anything other than a salad without dressing. This cookbook is here to rescue you from only eating the steamed veggies and rubber chicken or gross pre-packaged gluten-free foods in the "special meal"! My family meals are no longer like this. I make those family favorites that are usually untouchable and now most of my family don't know the difference. The few that do, know because I told them and love my gluten-free versions still! Now as my intention is food for all, I do understand that we all have vegan and vegetarian family members too and I have provided notes for the modifications that can be made to accommodate their needs too! Allergies are no fun for anyone. It can strain social activities with friend and make holidays feel like a strain to those with the allergies and those preparing the food. My sincere goal is to bring back our family favorites for all to enjoy together again so that we can focus on our friends and family and not whether we will need our epi-pens and a trip to the hospital! After all, the best part about food is sharing it with each other!

About the Author Over the years, Elle has been a bit of a jack of all trades, so she speaks. She's always made her best effort at whatever she took on for the engineering field to guest services in different capacities and even in the kitchens she's worked in. She believes that each of these experiences have benefited in bringing her to where she is today. When she was diagnosed with a wheat allergy nine years ago, she struggled initially as I'm sure many have. A couple of mistakes that scared her made her more of reading the labels. At the same time, she realized what was and was not in the gluten free food that she could eat. This sparked a new passion; after a few fails with a couple gluten free blends and recipes, she threw them out the window and brushed off her old favorites. Elle was not going to let these favorites she loved fizzle and began working on her first gluten-free conversion. Lemon Bars: an all-time Elle Fav! They were fantastic and the kids loved them! Her journey has been nearly a decade including making the holiday favorites for the family gatherings, recipe testing on co-workers who happily obliged, and creating special requests and menus. Her joy is seeing everyone enjoying a meal together without feeling left out or taste-deprived (which is a sin in Elle's world). Elle's newest adventure is as a writer. She's been blogging for a year and thoroughly enjoys it, but as a busy mom with a high schooler and a special needs child with a heavy medical schedule she is extremely limited on time. She began work on her newest book which will launch in Nov. 2016. Pies, of course, for the holiday season. She'll continue her dessert series through 2017 and plans to launch some online gluten free courses in early 2017 as well. Keep your eyes on this busy mom as she hits the ebook scene this year. The recipes she shares are gluten free, but she also provides the alterations to make them fit most allergies and food preferences, such as Vegan. Elle wants nothing more than to give the joy and pleasure of a fantastic meal with each recipe.