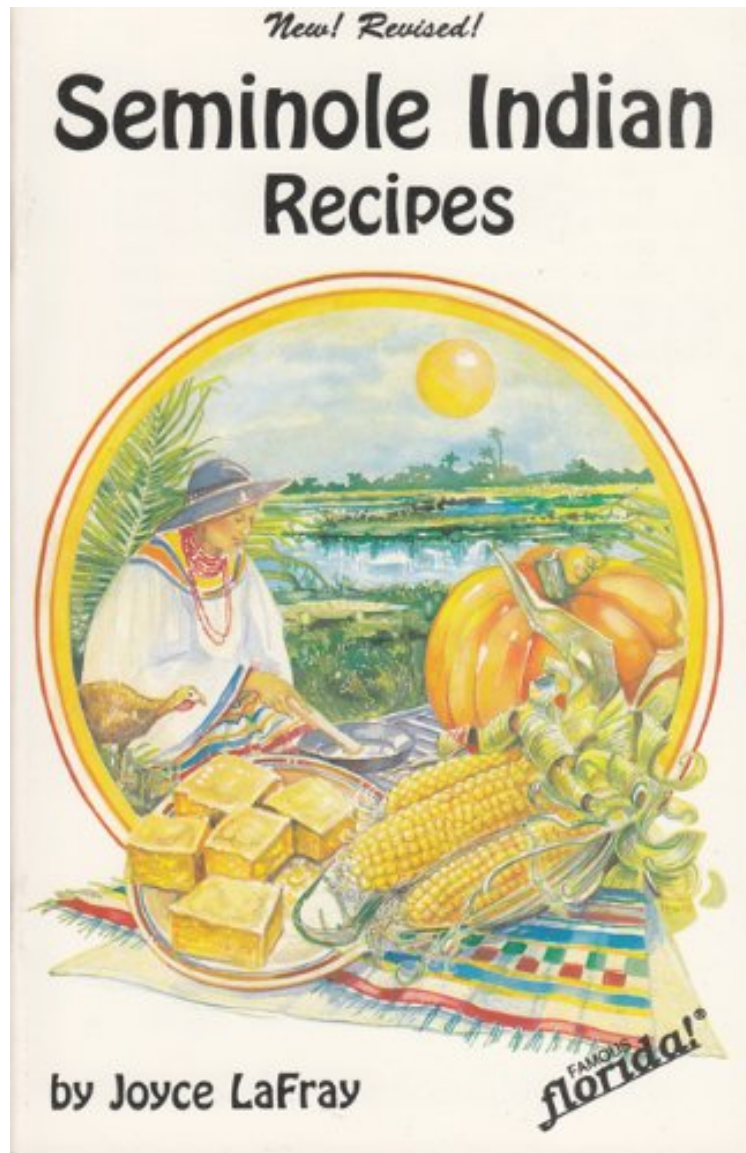


(Download free ebook) Seminole Indian Recipes (Famous Florida Series)

Seminole Indian Recipes (Famous Florida Series)

Joyce LaFray

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Joyce LaFray : Seminole Indian Recipes (Famous Florida Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Seminole Indian Recipes (Famous Florida Series):

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people found the following review helpful. book is too smallBy Carol HoffmanI am sure that told how many pages. However, I would be ashamed to print a book with so few recipes

This collection of authentic recipes is a reminder of a culture and cuisine as strong today as it was centuries ago. Included are such classics as Indian Fry Bread, Baconed Hominy, Fried Frog Legs, and Roast Wild Turkey. Most recipes call for easy-to-find ingredients, but there are also instructions for more unusual fare including Alligator Tail Steak, a generational favorite. Polvay, internationally known cuisine consultant and author, is often published in *Town and Country*, *Gourmet* and *Bon Appetit*.

About the AuthorMarina Polvay was one of South Florida's favorite culinarians. She was Public Relations for a number of fine restaurants and conducted many culinary activities. She has authored a number of books. One of her most successful is *Cucina Sana Cucina Magra*, Slim and Healthy Italian cooking. Joyce LaFray, one of Florida's premier food experts, is an author of more than 20 books including *Cuba Cocina*, *The Tantalizing Flavors of Cuba*, *Tropic Cooking: The Cuisine of Florida the Caribbean and The Guide to Florida's Best Restaurants*. Since 1974, she has been restaurant critic, lecturer, editor, book publisher and consultant for the ever-evolving restaurant scene. She is a consummate world traveler and contributor to *Bon Appetit Magazine*, the *St. Petersburg Times*, *Where Magazine* and *Gourmet Retailer*. She served as food and wine editor for nationally syndicated *Creative Loafing*, as well as numerous newspapers and magazines. She has gigged frogs with Seminole Indian Chief James Billie in the Everglades.