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Bronte Aurell

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Bronte Aurell : ScandiKitchen: Fika and Hygge: Comforting cakes and bakes from Scandinavia with love before purchasing it in order to gage whether or not it would be worth my time, and all praised ScandiKitchen: Fika and Hygge: Comforting cakes and bakes from Scandinavia with love:

0 of 0 people found the following review helpful. I spent my honeymoon in Norway and Denmark and this year we went to Sweden and we loved the concept of Hygge and Fika so this book ...By Eli SanchezGonna preface this by saying I'm a bit obsessed with Scandinavia, I spent my honeymoon in Norway and Denmark and this year we went to Sweden and we loved the concept of Hygge and Fika so this book brings me back! I serve treats for our customers on Saturdays and so far the Sylvia cake and the Nutella buns we're big hits, the only thing im a little sad about is that there's no recipe for School Bread but otherwise the instructions are very clear and easy to follow. I'm very excited to keep making the recipes!1 of 3 people found the following review helpful. Great CakesBy southieshamrockMy daughter loves the bake cookies and cakes. So this was an easy add-on for her.4 of 4 people found the following

review helpful. With her wonderful recipes for traditional Scandinavian baked goods By svenskaanna Bronte does such a lovely job of capturing the spirit of hygge. With her wonderful recipes for traditional Scandinavian baked goods, she makes it easy to incorporate simple moments and that classic sense of Scandinavian coziness into our everyday lifestyles, no matter where we are.

A follow-up to the successful 'The ScandiKitchen' (published September 2015), this new book from Brontë Aurell features over 60 recipes for cakes, bakes, and treats from all over Scandinavia. From indulgent cream confections to homely and comforting fruit cakes and traditional breads, sweet buns, and pastries. FIKA is a Swedish word meaning to meet up for a cup of coffee or tea over something delicious. It is also the word for the delicious treats themselves. Swedes traditionally stop twice a day for fika: taking a much-needed break from the daily grind. People fika with family, colleagues, friends, children, and even go on fika dates. HYGGE (pronounced hue-guh) is a word that originated in Norway but is now mainly used in Denmark. It means "a sublime state of cosiness you feel when you are with loved ones and nothing else matters". Hygge can be enhanced by the addition of a log fire, a good movie, a cup of something warm, and a sweet treat...hence the ideal combination of the two terms. Chapters are divided into Biscuits and Cookies, Tray and No bakes, Everyday Fika, Little Fancy Cakes, Celebration Cakes, and Bread and Batters. This beautifully illustrated, authentic guide is a celebration of Scandinavian baking in all its glory. It is evocative of cosy days shared with friends, slowing down and taking the time to enjoy simple, homemade, wholesome pleasures—encouraging a lifestyle to aspire to. With features on special Scandi winter celebrations, their baking traditions and how to bring fika and hygge into your life.

About the Author Brontë Aurell is a Danish entrepreneur, restaurateur and cook. Together with her Swedish husband Jonas, she runs the acclaimed ScandiKitchen Café and shop in central London. A keen cook herself, Bronte has been published widely in national magazines and newspapers, including The Guardian, The Times, Sunday Express, Olive, Hello, the Evening Standard's ES Magazine. Brontë and her food have also featured on BBC Radio, Channel 4 and Danish TV. She lives in London with Jonas and their two young daughters.