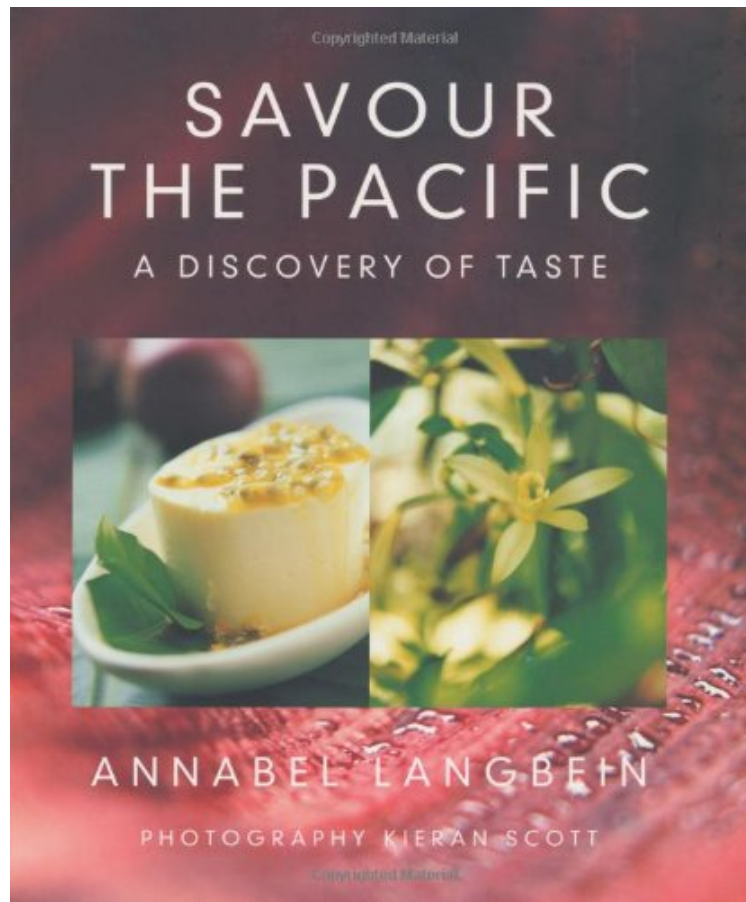


Savour the Pacific: A Discovery of Taste

Annabel Langbein

*ebooks | Download PDF | *ePub | DOC | audiobook*



DOWNLOAD



READ ONLINE

#336732 in Books Graphic Arts Books 2002-09-01Ingredients: Example IngredientsOriginal language:EnglishPDF # 1 10.10 x .47 x 8.48l, #File Name: 1558686932160 pages | File size: 57.Mb

Annabel Langbein : Savour the Pacific: A Discovery of Taste before purchasing it in order to gage whether or not it would be worth my time, and all praised Savour the Pacific: A Discovery of Taste:

1 of 1 people found the following review helpful. Every recipe a winnerBy JosephineJrI first encountered this cookbook while serving in the Peace Corps in Tonga, but it has become a favorite stateside as well. The ingredients are usually easily attainable, but the flavor (flavour?) combinations are different from those customarily found in US cookbooks. Measurements are in both cups and grams, so there are no translation problems. Some of the best recipes are hidden in the end section called "useful side dishes." My main criterion for recipes is "biggest impact with smallest number of ingredients or assembly steps." This book excels.0 of 2 people found the following review helpful. Great photographyBy StrelsiNice book, great photos. Not much in the way of recipes. Mostly for ingredients I can't get. I'll keep it for an inspiration book, though.0 of 0 people found the following review helpful. My go-to cookbook for Pacific Rim and Asian influenced flavoursBy jmacAnnabel has a trademark style throughout her many cookbooks - simple, easy to prepare food that is big on flavour and uses easy to source ingredients as well as giving many options within the one recipe. For example a duck recipe can be substituted with fish.This book has a wonderful laid back

Pacific vibe and is packed with extra information and an excellent section at the back for great side dishes. While not truly recipes from the Pacific Islands this book draws huge inspiration from the region with a fresh modern twist and healthy recipes with wonderful clean, light, fresh flavours. I have hundreds of cookbooks but this is easily my favourite and definitely my go-to for recipes and inspiration.

This delightful cookbook explores the ingredients of the Pacific Rim and the region's vibrant new cuisine. More than an exciting recipe collection, "Savour the Pacific" unearths the fascinating lore and history behind the Pacific kitchen, and shows how to use and enjoy the exotic ingredients and flavors of the Pacific. This book of mouthwatering recipes presents the new cooking of the Pacific at its best -- fresh, simple, light, and bursting with exciting flavors. This award-winning book is suited to cooks of all levels.

About the Author Writer and cook ANNABEL LANGBEIN is the author of eight cook-books including the beautiful SAVOUR THE PACIFIC and SAVOUR ITALY (page 54). Annabel has gained worldwide recognition with her down-to-earth approach to cooking in relation to the way we live today.