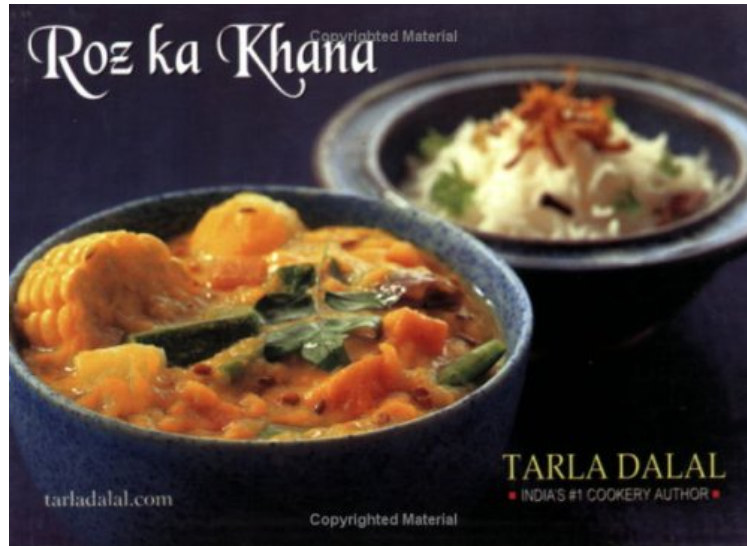


Roz Ka Khana

Tarla Dalal

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Tarla Dalal : Roz Ka Khana before purchasing it in order to gauge whether or not it would be worth my time, and all praised Roz Ka Khana:

1 of 1 people found the following review helpful. Simple and yummy recipes By SProchazka Simple and yummy recipes. Quite a variety of recipes and great combinations. Love it. Am planning to get the whole series. 0 of 2 people found the following review helpful. Four Stars By farhana mansoori I did not use it much. I need to start cooking.

With the advent of an enthusiastic trend among people to explore and appreciate delicacies from different parts of India, gone are the days when people stuck to their traditional food. Today's home-maker takes pride in presenting a variety of dishes to her family. A serious practical problem in doing so is the fear that a lot of time would be required for making such dishes. This book is intended to help the average hostess to overcome any such apprehensions. The recipes introduced in this book have been prepared using readily available ingredients. I have taken care to see that all the recipes are very simple to prepare yet exotic in taste so as to enable you and your family to enjoy wonderful, wholesome and satisfying meals every day. There is a wide array of dishes to choose from which you can fit into your daily menus be it the Paneer Potli ki Curry which has paneer potlis simmered in coconut gravy or the Badshahi Khichdi which is a meal by itself. Farsans like Dhokla Simla Mirch and Vegetable Rice Cakes are dishes you can rustle up in minutes. The methods of cooking suggested are simple, straight forward, not very time-consuming and above all, economical. Each recipe is formulated keeping in mind today's pace of living.

About the Author Mrs. Tarla Dalal is India's best-selling cookery author since over 2 decades. She has written a total of 100 titles, several of which have been translated in various languages like Hindi, Gujarati, Marathi, Bengali and even Dutch and Russian! The total sales of her cookery books exceed 3 million copies. Her first book The Pleasures of Vegetarian Cooking, which was published in 1974, was an instant success with Indian housewives. The book, which is considered a classic in cookery books, has sold a record 1,50,000 copies. Lately there has been a new addition to the

list called the TOTAL HEALTH SERIES. These are health related cookbooks with recipes and information on various subjects like The Pregnancy Cookbook, Baby and Toddler food, Delicious Diabetic Recipes, Fast foods made Healthy, Healthy Breakfast, Healthy Soups and Salads, Cooking with 1 Teaspoon of Oil, Healthy Soups and Salads, Healthy Breakfast and Calcium Rich Recipes has been her best selling book recently. In addition to writing cookbooks, Mrs. Tarla Dalal also has a major web presence in the form of tarladalal.com, the largest Indian food site.