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Roots, Fruits, Shoots and Leaves: A Guide to Shopping at Chinese Fresh Food Markets

Pam Shookman

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before purchasing it in order to gage whether or not it would be worth my time, and all praised Roots, Fruits, Shoots and Leaves: A Guide to Shopping at Chinese Fresh Food Markets:

Have you ever wondered about that wacky-looking fruit staring back at you in the market? Or did you want to know how to prepare a seasonal Chinese vegetable, but donrsquo;t have the language or culinary skills? This pocket-sized guidebook to fresh produce ndash; with photographs, pronunciation guides, Chinese characters and advice on cooking ndash; will help tourists, foodies and adventurous shoppers navigate the colorful markets of China, Hong Kong and Chinatowns around the world.