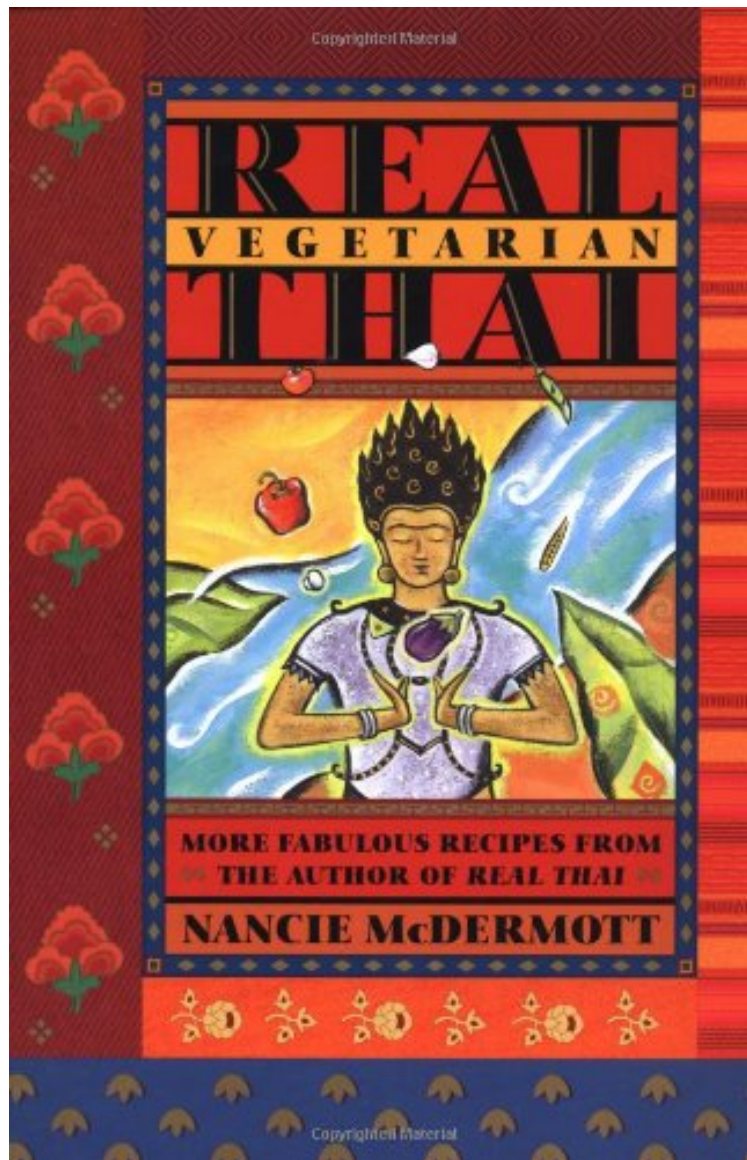


(Ebook free) Real Vegetarian Thai

Real Vegetarian Thai

Nancie McDermott

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Nancie McDermott : Real Vegetarian Thai before purchasing it in order to gauge whether or not it would be worth my time, and all praised Real Vegetarian Thai:

3 of 3 people found the following review helpful. Really Delicious and EasyBy CustomerI've been cooking from this cookbook for several years. The recipes are clear and simple to follow. The ingredients are available in grocery stores, and the procedures are simple to follow and familiar. The food is really delicious; I haven't made one dish that we

haven't enjoyed. Cleanup is simple, not many pots, bowls, and the like. And it's so much healthier than what we get in Thai restaurants. There's minimal or no oil in most recipes. Preparing the curry seasonings is a bit of a job, but they are available commercially, and keep well in the refrigerator. 1 of 1 people found the following review helpful. but these recipes are very close to what I experienced in Thailand and are very easy to follow. By JazzyTrashGlam I was skeptical at first because I wanted to get a book written by someone from Thailand, but these recipes are very close to what I experienced in Thailand and are very easy to follow. 21 of 22 people found the following review helpful. How much more reassurance do you need? This is exceptional! By M. Franz To date, all of the reviews here grant four or five stars to this book - and I am no exception. This little red book contains the most delicious selection of vegetarian Thai recipes that I have encountered in my 15 years of cooking vegetarian meals. Not only are the recipes quite easy in preparation, but they also are based on easily available ingredients and are very quick to make. The outcome is almost always exceptional - both in taste and presentation. I can wholeheartedly recommend this book as a valuable addition to anyone's collection of cookbooks. As you can see from the other reviews, I am not alone. So, what are you waiting for? It's rare to find such a unanimously positive opinion about anything.

Real Thai has gone vegetarian! Everyone loves Thai food, but it's not easy to find truly meatless dishes. Thai cooking expert Nancie McDermott has developed inventive variations on traditional recipes, providing health-conscious cooks with a repertoire of meatless dishes that captures the vibrant spirit of Thailand. A helpful glossary introduces readers to the seemingly mysterious yet widely available ingredients and equipment used in Thai cooking and offers tips for finding or substituting them. With an emphasis on the classic techniques, ingredients, and flavors of Thai cuisine, this groundbreaking cookbook provides one hundred delicious recipes for everyday meals and special occasions.

About the Author Nancie McDermott is a food writer and cooking teacher specializing in the cuisine of Thailand, where she spent three years as a Peace Corps volunteer. Her food articles have appeared in numerous magazines, and she is the author of the perennially popular cookbook, Real Thai.