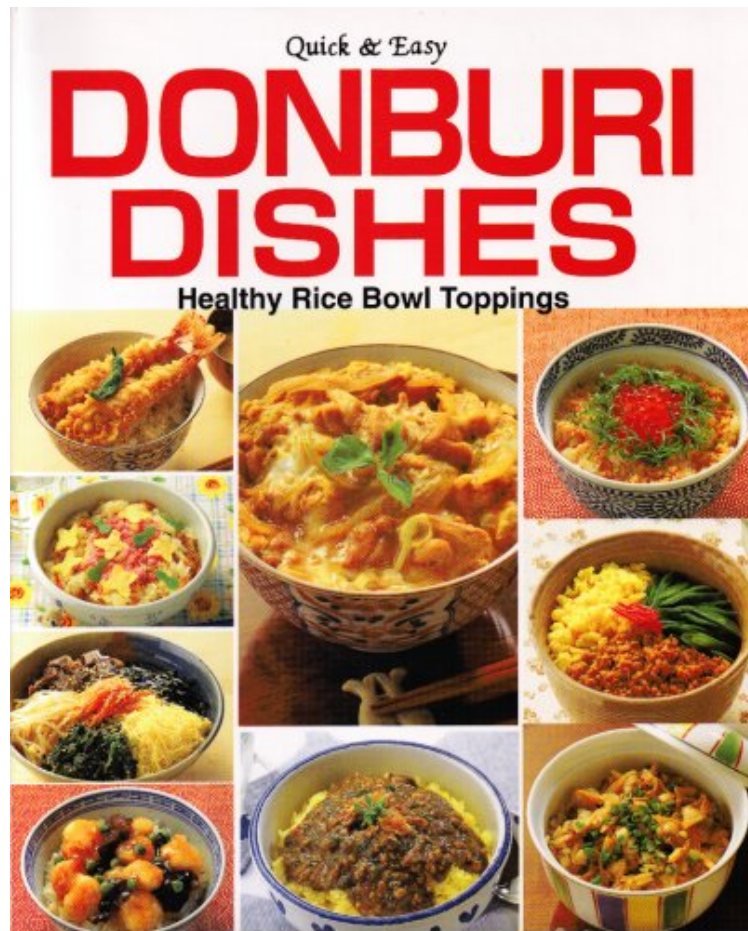


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QuickEasy Donburi Dishes (QuickEasy) (Quick and Easy)

Joie I, VilleDeau

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Joie I, VilleDeau : QuickEasy Donburi Dishes (QuickEasy) (Quick and Easy) before purchasing it in order to gage whether or not it would be worth my time, and all praised QuickEasy Donburi Dishes (QuickEasy) (Quick and Easy):

6 of 7 people found the following review helpful. Book Nitty-Gritty By Theseus Hardback with dustcover and a sewn binding. 92 pp, color photographic illustrations throughout. TABLE OF CONTENTS Donburi: A Well-Balanced, Fast Meal Donburi Cooking Tips Rice and Rice Cooking Glossary Sashimi Donburi Authentic Donburi Light and Healthy Donburi Nourishing Donburi Power Donburi Spicy Donburi Special Dinner Donburi Easy Donburi Colorful Donburi for Kids Low Calorie Donburi Calcium-Rich Seafood Donburi Index Basic Measurements 5 of 5 people found the following review helpful. Easy - but not necessarily quick! By T. Rodriguez This book describes some really tasty Japanese dishies that are pretty easy to prepare - especially if you have a rice cooker. However, unless you're familiar with efficient cutting techniques and have the appropriate supplies on hand (e.g. Mirn, rice vinegar, sake, etc), it will take a bit of practice before you're wipping out these meals. One critique of the recipes- cut the sugar and salt measurements

in half. Other than that these meals are great!

The word Donburi refers to a meal of rice with some sort of topping served in a bowl. Various toppings and condiments can be served over steaming hot rice, usually with a savory sauce seeping in. To the Japanese, Donburi is considered a comfort food, it is fast and easy to prepare. From this book you will be able to create a fast nutritious flavorful meal.