



great. Wishing there should have been some more recipes inside.

Do You love Indian food but have always thought it's too difficult to make? What if you could make mouth watering authentic tasting curries easily and in no time at all- say 20 minutes? Maybe you are a vegetarian or would like to eat less meat but don't want to compromise on taste? Would you like to gain an understanding of one of the World's- if not THE World's- tastiest foods- South Asian cuisine. If someone showed you that with only 1-3 spices you could turn some humble vegetables into a dish that tasted simply AMAZING- would you be interested? Would you like to impress your friends and family with mouth watering dishes that were based around vegetables, legumes and beans? If you answered YES to one or more of those questions- then this New Cookbook from Julian Voigt- Amazon Best Selling Author of; 'The Secret to That Takeaway Curry Taster' - is one that you will definitely want to buy! As Julian puts it- 'The World's tastiest food made EASY! The curry recipes in this book are so easy to follow anyone can make them and get incredible results. Julian makes curry easy, with his simple to follow recipes, set out in a clear simple to follow way. All the recipes in this New cookbook start with a description of the dish that gives you a background and understanding of what you are aiming for, then there is a list of ingredients followed by a cooking method, which is then followed by a 'chef's tip'- where Julian gives you that extra tip or trick so that you can get outstanding results. In this book Julian helps dispel the so called 'curry secret' myth in that once you are armed with a basic knowledge of what spices are used in what combinations and what amounts you are then equipped to go on and create wonderful curry recipes of your own. Are you looking to include more plant based meals in your diet, then this book is for you! As Julian puts it; 'If it isn't tasty then you won't want it!' Julian explains in his book that the number one reason people don't eat more vegetable meals is that they don't taste that great compared to their favourite meat based dishes. Julian show that not only can vegetable dishes taste as good as meat based dishes he claims that they can taste better! Julian claims that after trying some of the recipes in this new curry cookbook- 'You will be ditching the chicken tikka masala in favour of a split mung dal with spinach from now on! 'The Oh so hallowed Dal' in this new curry cookbook Julian explains why Dal is to India what rice is to china. This new curry recipe book has a section dedicated just to Dals. Julian explains why we all should eat Dals and why doing so could be one of the best things we could do for our health. Could eating Dals help you lose weight? Find out in this book. What about Dals and heart health, or Dals and cholesterol levels? In this new curry cookbook- Quick Easy Vegetarian Curry Recipes Julian not only provides you with the 'what's' and the 'how's' but also the 'why's' In this curry cookbook Julian will give you compelling reason to eat more plant based meals- and with the delicious curry recipes in this book you will be equipped to do so. Why Quick Easy? In the modern world in which we live quality is often compromised for convenience. Yet the amazing thing is that with the authentic South Asian style of cooking, that need never happen. Why? Because the reality is that most REAL Indian cooking is simple and quick, so this curry recipe book is not a gimmick but gives you REAL home-style curry recipes eaten my millions of Asian households across the