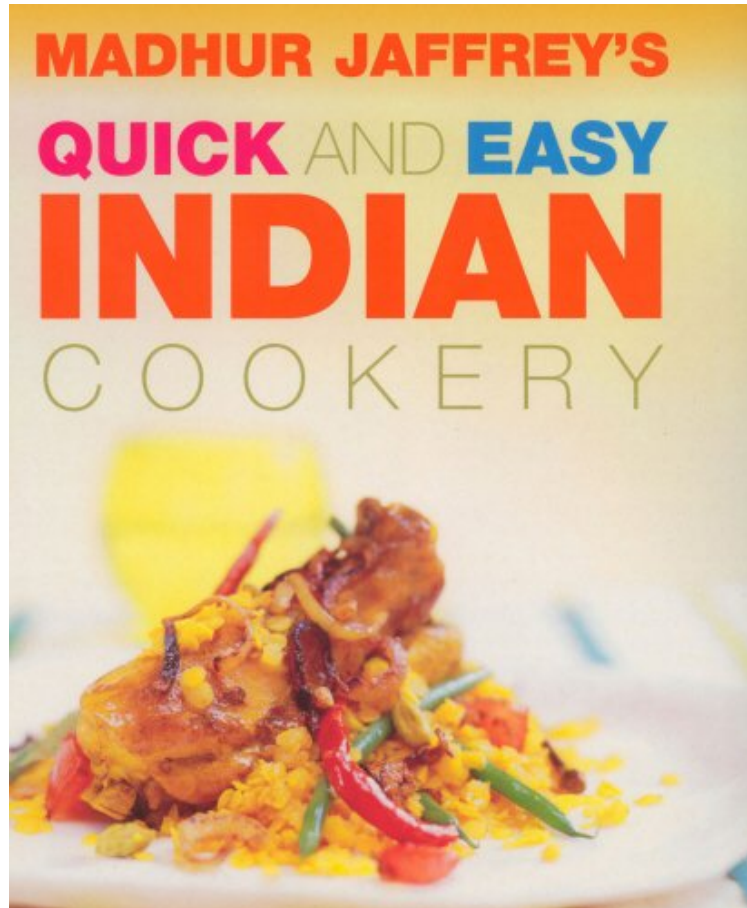


(Ebook free) Quick And Easy Indian Cookery

## Quick And Easy Indian Cookery

*Madhur Jaffrey*

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**Madhur Jaffrey : Quick And Easy Indian Cookery** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Quick And Easy Indian Cookery:

0 of 0 people found the following review helpful. Impressed many friends with my Indian meals. By eleemosynary I have the first edition of this book (that was part of a very young Madhur Jaffrey's BBC series on Indian cookery). There is a more recent edition of this book (offered on ). Lots of 5 star reviews for this book, and for good reason. I have impressed many friends with my Indian (I am not Indian) cooking, based on this book and other Indian cookery books. My family likes Madam Jaffrey's recipes for fish and chicken very much, especially grilled. These recipes are fast and simple, and taste good. However, the secret to a really great Indian meal is not a single "main" dish (fish or chicken or lamb, etc), but the vegetable dishes, the chutneys, the bread or rice, and the raitas and dahi. This cook book offers recipes for all of these. I keep many of these recipes on my laptop, so I have them with me wherever I go. And I want to add that I do not own a pressure cooker. Some people are put off by this recommendation to have one by the author. It is not necessary to use a pressure cooker for any of these recipes, and I almost always use the microwave instead of boiling water over the stove top to steam or boil vegetables.

If you have always believed that long slow preparation is essential to Indian food, this recipe book will make you think again. The world's favourite author on Indian cooking, Madhur Jaffrey, provides over 75 recipes for great Indian dishes, most of which can be prepared and cooked in 30 minutes or less. It includes quick recipes for every course - from soups and starters such as Gingery Cauliflower Soup to main courses such as Lamb with Cardamom or Prawns steamed with Mustard Seeds, as well as breads and rice, vegetables and desserts. Madhur also includes an easy-reference store cupboard guide and hints on time-saving techniques. Whether you're craving a quick chicken curry to eat after work or want to entertain friends without spending the day in the kitchen, this cookbook is a revelation and a great demonstration of the versatility of authentic Indian cuisine.

"The title of Madhur Jaffrey's "Quick Easy Indian Cooking" (Chronicle, \$19.95), an invitation to fast, flavor-filled food from the subcontinent, is not an oxymoron. Most of the more than 70 recipes, from soups to sweets, can be made in 30 minutes or less and the luscious, full-page, full-color photos add to the appeal." -"Bookpage", January, 2008

About the Author Madhur Jaffrey was born in Delhi and began her career as an actress. She wrote her first book in 1974 but it was her eight-part series for BBC television in 1983, Madhur Jaffrey's Indian Cookery, which made her a household name. She has since published many books and appears regularly on television.