

QE Chilled Desserts from the Japanese Kitchen (Quick and Easy)

Joie

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Joie : QE Chilled Desserts from the Japanese Kitchen (Quick and Easy) before purchasing it in order to gage whether or not it would be worth my time, and all praised QE Chilled Desserts from the Japanese Kitchen (Quick and Easy):

2 of 2 people found the following review helpful. Inspiring sweets that are easy to makeBy Shala KerriganThis cookbook is a great one if you're looking for new cold dessert recipes that are simple to make. There is some minor cooking involved in some of them but a lot of them go straight from preparation into the refrigerator or freezer to chill.The book is separated into groupings and there is some overlap. The chapters areJellies and PuddingsMousses and Bavarian CreamsIce Creams and SherbertsFruits DessertsJapanese DessertsHealthy Desserts and Dessert DrinksChinese Dessertsand it finishes out with a glossary, basics of making desserts and an index of the recipes.There are plenty of dessert recipes in here that will appeal to very conventional American tastes, as well as recipes that will appeal to people who want to try new things which makes it a perfect cookbook for my family. A lot of the Bavarian creams and puddings are set with gelatin which cuts cooking time by quite a bit compared to thickening with corn starch or other thickeners. There are also enough easy recipes in here for younger cooks to really enjoy including the ice creams and the kantens. Kantens are a gelled dessert much like Knox blocks or Jello Jiggles made with agar instead of gelatin and fresh fruit, coffee or tea.There are lots of recipes that can be made with things you can find at a

local supermarket. Other recipes, you should be able to find the ingredients online fairly easily.