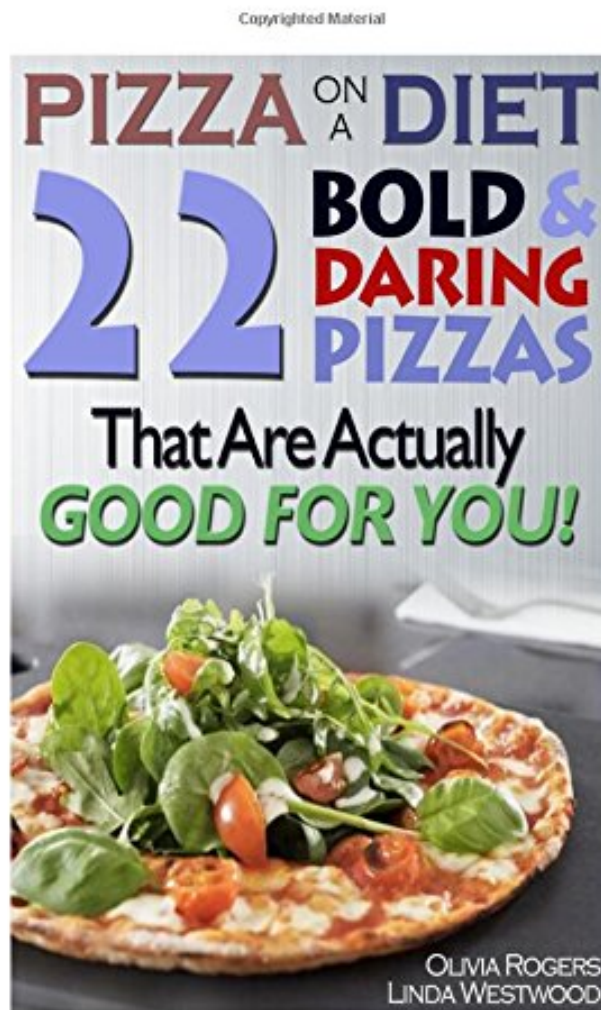


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## **Pizza On A Diet: 22 Bold Daring Pizzas That Are Actually GOOD For You!**

*Olivia Rogers, Linda Westwood*  
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**Olivia Rogers, Linda Westwood : Pizza On A Diet: 22 Bold Daring Pizzas That Are Actually GOOD For You!** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Pizza On A Diet: 22 Bold Daring Pizzas That Are Actually GOOD For You!:

0 of 0 people found the following review helpful. My Favorite Food on a Diet! By Martin Salkeld Irsquo;m on a diet and pizza is my favorite food. When I stumbled upon this book I asked myself ldquo;How could pizza be good for a

diet"; I got myself a copy right away because I was intrigued. While reading this book and checking the recipes it made perfect sense because this book provides pizza ingredients with small amounts of fat that work great for people on a diet. I have to say that I've prepared 4 pizzas for myself throughout the week and they are super healthy and delicious. My favorite recipe is the Roasted Vegetable Pizza!  
0 of 0 people found the following review helpful. nice healthy pizza recipes  
By Robini loved the delicious recipes described in this book. Almost all recipes were new to me and I liked the strawberry Arugula Pizza recipe the most as I tried and it was yummy. I am sure I'm going to like the other recipes as well. Moreover the recipes were considered healthy by the author and it's a win-win strategy as Pizza is a junk food. I also liked the ultimate cookbook which the author is offering for free at the end of book - what a bonus!  
1 of 1 people found the following review helpful. Tasty pizza recipes that are healthy for us!  
By Demetra S.Gerontakis  
Tasty recipes for those who watch what they eat. This pizza recipe book provides some unique recipes that have all healthy ingredients for those out there who want to eat healthier, keep calories low and most importantly benefiting health issues. Great for those with demanding taste buds!

From the Best Selling authors, Olivia Rogers Linda Westwood, comes *Pizza On A Diet: 22 Bold Daring Pizzas That Are Actually GOOD For You!*. This book will completely change your cooking! Not only are the recipes amazing - but they are **QUICK, EASY HEALTHY!** If you feel like you need to spice up your cooking... If you feel like your family might be looking to eat something else.. Or if you just enjoy cooking and want to try something new... **THIS BOOK IS FOR YOU!** This book provides you with 22 Recipes that will turn you into **AN AMAZING** cook in just days! It comes with the recipes, ingredients, and all the steps you need to know! Are you ready to spice up your cooking and become a master chef in your own kitchen? Then check out these 22 Recipes, and start cooking like a master **TODAY!** Some of the recipes include: Almonds, Ricotta and Wilted Green Pizza Maple and 3-cheese Pear Pizza Roasted Vegetable Pizza White Party Pizzette Green Salad Pizza Veggie Polenta Pizza Hula Pizza Flatbread Pizza Sassy Mediterranean Pizza Bean-veggie Pizza Tomato Cheesy Pizza Sweet Potato Pizza Low Carb Crust Pizza Chickpeas Crust Pizza Veggie-gluten free Mini Pizza Quinoa Pizza Bites Strawberry Arugula Pizza Mini Mexican Pizza Spicy Turkey Sausage Pizza Eggplant Parmesan Pizza Black Bean Nacho Pizza Broccoli Rabe and Chicken Pizza

About the Author "One cannot think well, love well, or sleep well, if one has not dined well." - Virginia Woolf. Olivia Rogers is a #1 Best Selling author of various books about cooking, nutrition, and everything **FOOD!** Olivia has been in the cooking and food industry for over 11 years, as both a chef and food blogger. Recently, she has started sharing her passion by publishing specific cookbooks and recipe books. In her books, Olivia provides fantastic recipes that are different from anything you can find online. She shares all the trade secrets and special methods she has learned over the years working closely with world renowned chefs and food specialists. When not writing, Olivia loves to spend time in the kitchen with a big glass of red wine.