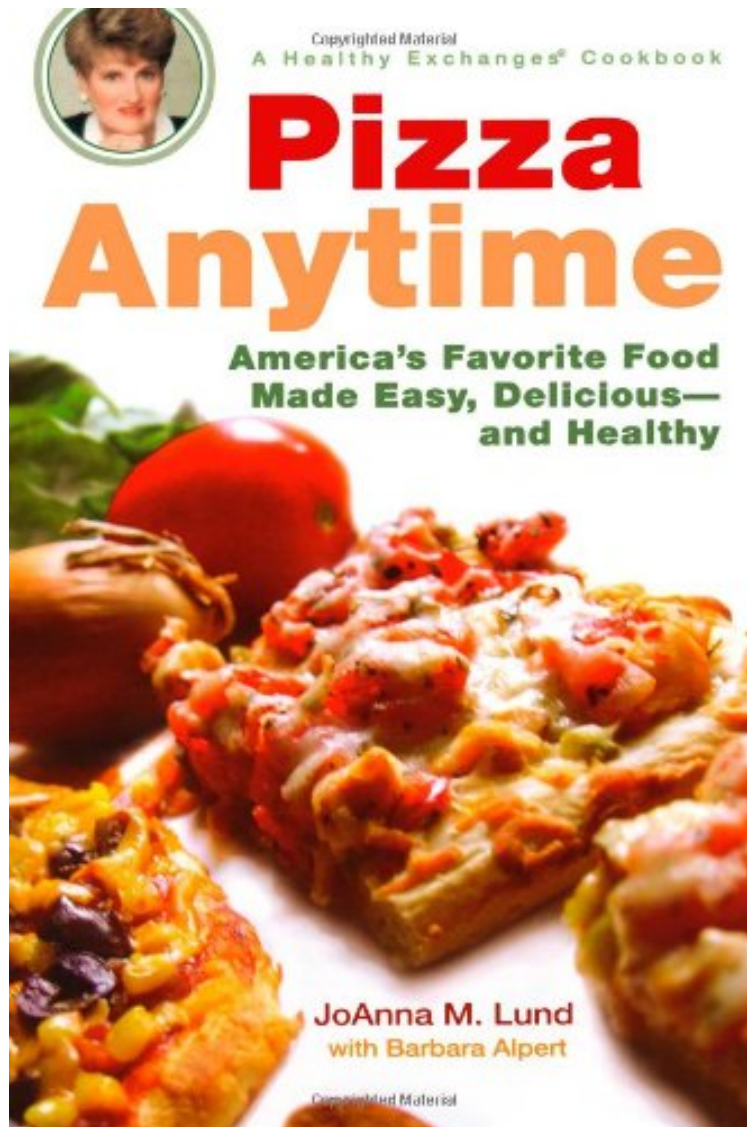


(Free) Pizza Anytime: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks)

Pizza Anytime: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks)

JoAnna M. Lund, Barbara Alpert

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#3021999 in Books 2007-02-06 2007-02-06Original language:EnglishPDF # 1 8.25 x .89 x 5.50l, .85 #File Name: 0399533117336 pages | File size: 79.Mb

JoAnna M. Lund, Barbara Alpert : Pizza Anytime: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) before purchasing it in order to gage whether or not it would be worth my time, and all praised Pizza Anytime: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks):

1 of 1 people found the following review helpful. Wonderful healthy, low calorieBy PrairieGirlJoAnna Lund was a culinary genius. Wonderful healthy, low calorie, low fat pizza recipes, sure to please many families. She came up with

so many inventive and different flavors of pizza, along with healthier versions of so many yummy family staples. 2 of 3 people found the following review helpful. Not appealing
By Sara I got this book over a year ago and never found a recipe that looked appealing. Everybody's taste is different, so you may disagree. I'm just saying that this book didn't work for me. 1 of 2 people found the following review helpful. YUMMY!
By Gloria J. Smith I have tried many recipes in this book, GREAT and EASY! I have many of Joannas books, this one is on the top of my counter at all times!

America's all-time favorite food made easy, delicious-and healthy. Pizza Anytime serves up more than 200 recipes, from appetizers to main courses, and even desserts, of America's favorite food, pizza! Now pizza lovers can enjoy this treat any time of the day. From Tex-Mex Appetizer Pizzas to filling meals of Irish Potato Crust Pizzas, and such dazzling desserts as the Caramel Apple Pizza Pie, JoAnna's tasty pies are quick to create-and healthy to consume.

About the Author
JoAnna M. Lund was the author of many books, including
Healthy Exchanges Cookbook,
HELP: Healthy Exchanges Lifetime Plan, and
Make a Joyful Table.
A graduate of the University of Western Illinois, Lund founded Healthy Exchanges, a company that published a monthly newsletter, booklets, and inspirational audio and videotapes. She became a recognized spokeswoman for healthier eating, landing features in the New York Times, People, and Forbes, appearing on radio shows, and starring in her own cooking show, JoAnna Lund's HELP Yourself. Lund died of breast cancer in 2006.
Barbara Alpert is the author of
No Friend Like a Sister, 30 Minutes to Mealtime, Another Potful of Recipes, Baking with Splenda, Cooking Healthy with a Pressure Cooker, Cooking for Two, and
The Love of Friends.