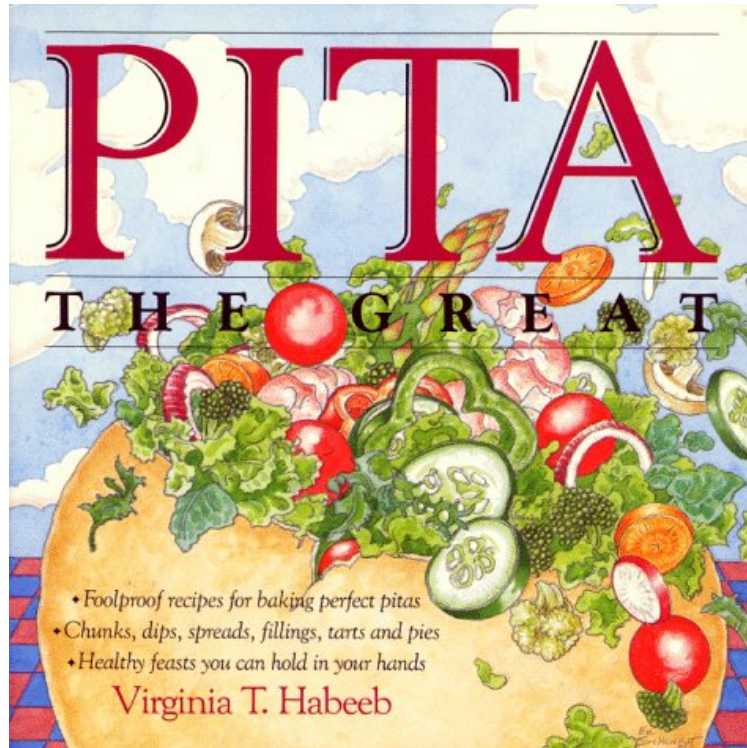


## Pita the Great

Virginia T. Habeeb

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**Virginia T. Habeeb : Pita the Great** before purchasing it in order to gage whether or not it would be worth my time, and all praised Pita the Great:

0 of 0 people found the following review helpful. But now my pitas always come out perfect! My husband and I eat a lot of ...By Kathryn E. AhmedI was having a hard time finding recipes for making pitas and hummus- none of the ones I found online worked for me. They always came out inconsistently. But now my pitas always come out perfect! My husband and I eat a lot of Pakistani food, and we go through a lot of bread every week. This is by far his favorite version that I have tried. The hummus has also come out much better than other recipes I have found online. The only thing missing is that elusive flavor found in our favorite Sabra hummus. I just need to keep playing with the spice combination to make our own version perfect. Even so, this is still the best hummus recipe I have tried. Other random people on the interwebs suggested the use of sumac to amp up the flavor, so I will be trying that next.0 of 0 people found the following review helpful. Five StarsBy ron albaughawesome book!0 of 0 people found the following review helpful. Pita The GreatBy Lover of ExcellenceEasy, practical, optional extra healthy choices; tasty and creative ideas for family and guests; fun, fabulous dishes.....

The authoritative book on baking plain and whole wheat pita at home. Featuring instructions for making a half-dozen basic breads--each one low in sodium, fat, and calories, and guaranteed not to leak--Pita the Great transforms the unassuming pita into fabulous fare indeed. Making the book even more special are the 100 dazzling recipes for

fillings, toppings, and accompaniments. You'll find fabulous renditions of such classics as Hummus Bi Tahini , Kibbeh Samak, and Baba Ghanouge. For the lunchbox, there's Egg Salad with Taratour. Perfect for a weeknight dinner is the Herb Broiled Chicken with Onion on a Pita. Certain to impress any guest are Walnut Stuffed Grape Leaves or Gingered Fig Montrachet. There's even pita for dessert, including Pita Cheese Crepes with Orange-Blossom Syrup. It's the time-honored bread, brought completely up to date. Selection of the Book-of-the-Month Club and Better Homes Gardens Family Book Service. 77,000 copies in print.

From the Back Cover PITA THE GREAT A Hundred Tantalizing Ways to Fill, Top, Scoop, and Wrap Pitas You Bake Yourself! MAKING PITA AND YOGURT Poppy-Seed and Sesame pita Whole-Wheat Honey Pita Unleavened Griddle-Baked Pita Homemade Yogurt DIPS AND OTHER SNACKS Hummus Guacamole Oriental Shrimp and Black Bean Dip Fluted Pita Meat Pies Fresh Pita Pizzas FILLINGS Garlicky Seafood Kebabs Coriander and Lamb Sausage Patties Smoked Turkey and Apricot Salad Curried Shrimp, Persimmon, and Nut Salad PITA SWEETS Pita Cheese Crepes with Orange-Blossom Syrup Pistachio and Banana Toffee Rolls Glazed Pita Puffs Virginia T. Habeeb, former Food and Home Equipment Editor of American Home and currently a food and consumer consultant, was born of Middle Eastern Heritage and has been enjoying pita and its variations since childhood. Mrs. Habeeb is the author of five books on cooking and homemaking including the classic The American Home All-Purpose Cookbook.