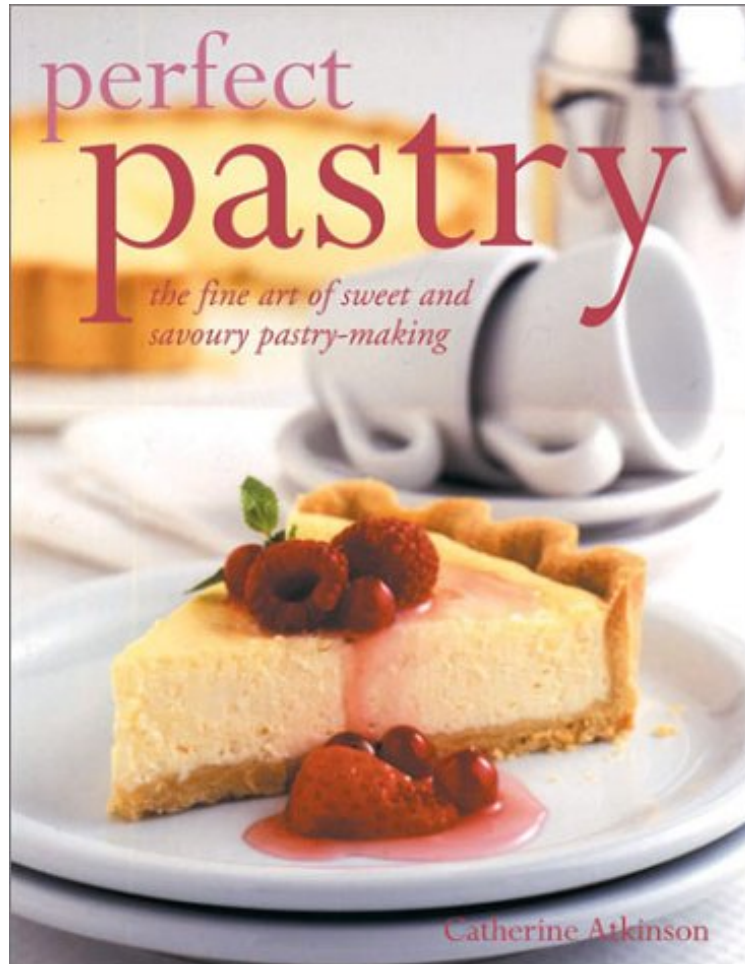


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Perfect Pastry

Catherine Atkinson

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Catherine Atkinson : Perfect Pastry before purchasing it in order to gage whether or not it would be worth my time, and all praised Perfect Pastry:

Who can resist the smooth, crumbly texture of a rich fruit tart or warm savoury starters encased in crisp, light pastry? This new book will help cooks get the pastry just right. There are recipes for every type of pastry from shortcrust and choux to puff and strudel, plus practical advice on preparing savoury and sweet fillings. Basic techniques are explained with step-by-step photography. Over 70 delicious recipes are included from well-loved Chicken Charter Pie and Alsace Leek and Onion Tartlets to mouth-watering Coffee Cream Profiteroles. Full of fabulous recipes and packed with helpful advice and essential information, this is the ideal kitchen reference for every household.

About the Author Catherine Atkinson is a trained Cordon Bleu cook and holds a degree in Home Economics. After graduating she worked in various hotels and restaurants including the Roux Brothers' patisseries. Her catering experience led to work in publishing - creating recipes and styling food for photography - and she became Deputy Cookery Editor on Woman's Weekly and later Me magazine. Catherine currently works as a freelance writer and is a consultant for various food and lifestyle magazines, and has contributed to several books.