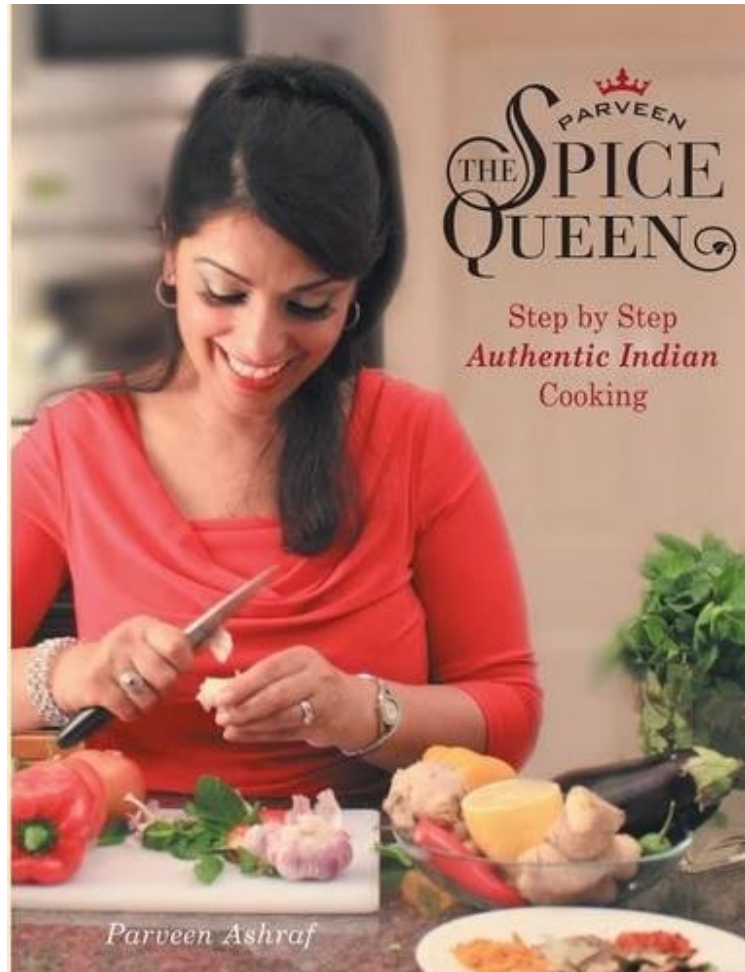


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## Parveen the Spice Queen: Step by Step Authentic Indian Cooking

*Parveen Ashraf*

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0 of 0 people found the following review helpful. This is really an excellent book well edited and easy to readBy Clement FrimpongThis is really an excellent book well edited and easy to read. If you are looking for an authentic Indian cuisine this is the book to buy. An amazing book.

Parveen is passionate about her culture as well as her cuisine, as a wife and mum of three, she is a keen advocate of Indian home cooking as well as a dedicated cookery teacher. After leaving the corporate world a decade ago, Parveen began demonstrating and teaching cooking around the UK, as well as Europe. She is a firm believer that with the right method and the right spices, anyone can create the most delicious authentic food. With this modern kitchen cookbook,

Parveen demystifies the art of Indian cooking with simple step by step instructions, top tips on how to get the best from her recipes and beautiful clear images. Every recipe has a light hearted and personal anecdote, giving an insight into Parveen's family life and Asian culture... But, the real beauty of her recipes is that they really work. If you love Indian food and have always wanted to learn how to cook it then this is the perfect book for you!