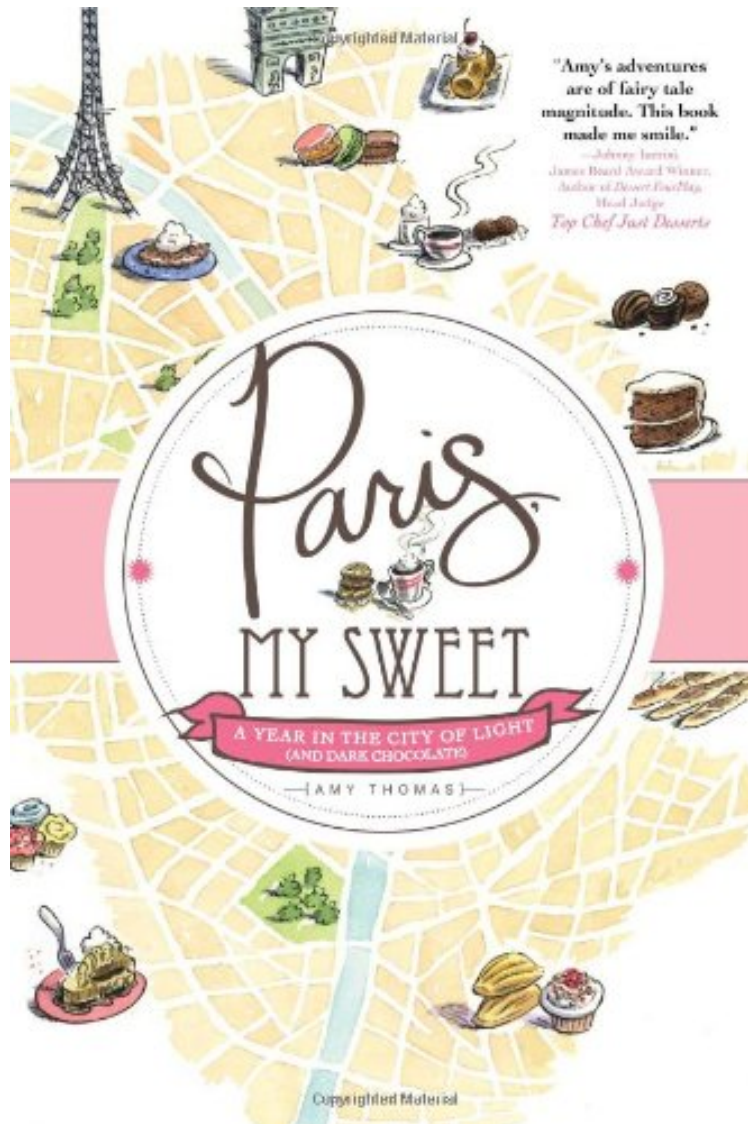


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## Paris, My Sweet: A Year in the City of Light (and Dark Chocolate)

Amy Thomas

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#862299 in Books 2012-02-01 2012-02-01 Original language: English PDF # 1 8.25 x 5.50 x .75l, .85 #File Name: 1402264119304 pages | File size: 54.Mb

**Amy Thomas : Paris, My Sweet: A Year in the City of Light (and Dark Chocolate)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Paris, My Sweet: A Year in the City of Light (and Dark Chocolate):

1 of 1 people found the following review helpful. Delightful bookBy Xenial read the reviews of others on this book and quite frankly, I cannot understand some of the very mean spirited ones and some of the even more mean spirited comments to them. While this book is not Jane Austen, it is still a delightful book. I found it to be a very easy and breezy read. It was short and SWEET(pun intended). This book is filled with detailed descriptions of desserts and the

stores they came from. I found myself going online to look up many of the places and desserts while reading Paris My Sweet. I also started craving many of the sweets. I have taken cooking lessons in New York and loved it! Now I would love to take cooking classes in Paris too. Amy Thomas loves New York City as much as she does Paris. I love New York City too. I do not live there anymore, but I totally understand how Amy feels about New York. I think it is one of the greatest cultural centers in America. There is always something going on, things to do, places to go and great places to eat. I appreciate the comparisons of the two cities in the book. I appreciate Amy Thomas's honesty about the people in France and how she felt very lonely at times because of it. It is not something that I haven't heard before. Never the less Amy Thomas was still able to enjoy the country she fell in love with as a college student. Miss Thomas made me want to get on a plane straight away and head for France. One of the reasons I enjoyed Paris My Sweet is because Amy Thomas did something that I have dreamed about doing since I was a teenager. I admire any woman who moves to another country by herself leaving her family and friends behind. It can be scary, but mostly I see it as a wonderful adventure. I did not think the author should have been upset because her friends were getting married and having babies. Moving to France to live and work is equally exciting. Not to mention all the trips you can make to other European countries while you are living in France. I would be happy about my friends getting married and having children, and even happier about me living in France. And if things did not turn out as expected in France I would have explored another country over there to move to. Maybe Miss Thomas would have found love and romance in England? Spain? Switzerland? Italy? I would love to get an update on Amy Thomas now. Does she have a boyfriend now? Would she move to Paris for good? It was a pleasure for me to review this book on my blog. The only books that I review on my blog are the ones I like. Amy Thomas, thank you very much for writing this book. I appreciate it even if some people didn't. I think a lot of people do appreciate it as much as I do. Please give us an update on how your life is going now Miss Thomas. 2 of 2 people found the following review helpful. Do not read when hungry ... By Rissiepit I've never been to Paris, but it didn't matter ... I could envision the scenes and places vividly. When she talked about bread and 'boulangeries'- I searched for a boulangerie in my area in Gauteng, South Africa. I found this French Patisserie, drove 30 km and bought a sourdough bread. It was deeeelicious!!! I'm a big sweet tooth person ... so all this talk of truffles, macaroons, cupcakes ... it had my salivated!!!! I then searched for a chocolatier in my area, found one and bought 4 different truffle chocolates. And ate them all! This is really a fabulous book and I absolutely adored it!!!!!!!!!!!!!!!!!!!!!! 0 of 0 people found the following review helpful. Great fun By Customer Delightful account of a year in Paris, complete with recommended purveyors of all things sweet in Paris and New York City. The author brings us along as she takes advantage of an opportunity of a lifetime, weaving together her former life in New York with her new life in Paris. I was completely charmed.

"From the New York cupcake wars to the perfect Parisian macaron, Thomas's passion is palpable, her sweet tooth, unstoppable." — Elizabeth Bard, bestselling author of *Lunch in Paris Forever* a girl obsessed with all things French, sweet freak Amy Thomas landed a gig as rich as the purest dark chocolate: leave Manhattan for Paris to write ad copy for Louis Vuitton. Working on the Champs-Élysées, strolling the charming streets, and exploring the best patisseries and boulangeries, Amy marveled at the magnificence of the City of Light. But does falling in love with one city mean turning your back on another? As much as Amy adored Paris, there was part of her that felt like a humble chocolate chip cookie in a sea of pristine macarons. PARIS, MY SWEET explores how the search for happiness can be as fleeting as a salted caramel soufflé's rise, as intensely satisfying as molten chocolate cake, and about how the life you're meant to live doesn't always taste like the one you envisioned. Part love letter to Paris, part love letter to New York, and total devotion to all things sweet, PARIS, MY SWEET is a treasure map for anyone with a hunger for life. "Like a tasty Parisian bonbon, this book is filled with sweet surprises." — David Lebovitz, New York Times bestselling author of *The Sweet Life in Paris* "Amy Thomas seduces us in the same manner that Paris seduced her — one exquisite morsel at a time." — Nichole Robertson, author of *Paris in Color*

"Follow Amy Thomas's quest in Paris to find the tastiest chocolates, towering gâteaux, and most sublime macarons while crisscrossing the Atlantic. Like a tasty Parisian bonbon, this book is filled with sweet surprises." — David Lebovitz, New York Times bestselling author of *The Sweet Life in Paris* "A sweet and charming tale of Paris through the eyes of a cake-lover. Willie Wonka for grown ups -- and a guide to some of the sweetest destinations in the City of Light." — Karen Wheeler, author of *Tout Sweet* "Such a charming, heartfelt book. Paris, My Sweet is as dainty and decadent as a box of pastel macarons, a bewitching tale of a young woman's love affair with two iconic cities and the confections found in each one." — Ann Mah, author of *Kitchen Chinese* "Amy Thomas's descriptions of the delicious delights in Paris and New York had me almost licking the pages." — Rachel Khoo, author of *Little Paris Kitchen* "Dessert lovers will devour this one... Amy Thomas draws the reader into the comfort of sweets seemingly found on every street corner in Paris, creating a delectable fantasy world. As a self-professed sugarholic, this memoir/travelogue/dessert guide to New York and Paris is a rare, nostalgic treat - equal parts charm, style, and wit." — Pichet Ong, chef and author of *The Sweet Spot* "Amy's adventures in Paris, My Sweet are of fairy tale magnitude. Her story is infectious and contagious in every way and has reminded me of so many of my own memories walking down

those very streets and nibbling on those one of a kind Parisian treats. This book made me smile." - Johnny Iuzzini, James Beard Award Winner, Author of Dessert FourPlay, Head Judge Top Chef Just Desserts"More than just a tasty treat, Paris, My Sweet is a lot like fine chocolate--deep, rich and complex." - Jamie Cat Callan, author of French Women Don't Sleep Alone and Bonjour, Happiness!"From the New York cupcake wars to the perfect Parisian macaron, Thomas's passion is palpable, her sweet tooth, unstoppable." - Elizabeth Bard, bestselling author of Lunch in Paris"Do not read this book on an empty stomach...After a couple of chapters, I was ready to throw the book aside and hop a jet to either city just to get my hands on some of the food she described." - Working TitleIn her book, she paints a colorful picture of both macaron-mad New Yorkers and cupcake-crazed Parisians."Quick, breezy [this book] will make you want to travel to Paris and gorge on cake immediately." - Tiny Library"An enjoyable read, and will certainly appeal to all travelers and gourmands." - The Story Girl Book s"A delectable memoir [and] sumptuous tribute to the sweet splendors of Paris and New York." - Booklist"You will not regret letting Amy Thomas give you her Parisian tour in Paris, My Sweet. Grab a postcard of the Eiffel Tower and a few bars of chocolate and prepare to be transported!" - The Allure of Books"A delightful surprise that I enjoyed immensely." - Sweet Tidbits"A fun and light romp through the boulangeries, patisseries, and chocolatiers of New York City and Paris." - Lit Chick"Charming, funny and as scrumptious as the dessert menus it exalts, Paris, My Sweet explores the heady-but-fleeting sweet moments and the richer, longer-lasting satisfaction of creating a life in a new city from scratch. With mouthwatering descriptions (and addresses!) of Thomas's favorite sweet spots on both sides of the Atlantic, this book is a treasure map for readers searching for the life they were meant to live--or simply on the lookout for their next favorite cookie or croissant." - Shelf Awareness"Reading this book made my mouth salivate and I craved macaroons and cupcakes and all things yummy." - Book Girl of Mur-y Castell"Believe me, if you read this book while hungry then you're making a huge mistake. You need to read this book with a dozen different pastries to keep you going because Thomas's descriptions are just mouth-watering." - Chick Lit s and News"Needless to say, I inhaled the book, much like I would a box of macarons. Pierre Hermeacute; or Laduree. It felt as though Amy were telling me her story in person, over a chocolat chaud." - Love in the City of Lights"Truly a wonderful read about sweets and how to get through life in a new country by yourself. " - Book Hounds"Anyone with a sweet tooth will agree Amy makes a great case for eating dessert for dinner. I devoured her book in two days." - Paris I'm Perfect"Amy smartly puts a full address list of all the Paris and New York sweet shops so you can rent a Velib bicycle and track them just like she did." - I Prefer Paris"Ms. Thomas' writing is engaging and her way of describing a cake can make your mouth water. " - Broken TeePee"Shortly after starting this book I was highlighting paragraphs, jotting down must go to places...I loved this!" - Bookworm with a View"If an Air France flight is not in your budget, Paris, My Sweet should satiate any cravings you might have." - TheFrisky.com"I read it all in one night...it's one of those make-you-smile-inside books." - Kathy YL Chan"Less a memoir than an anecdotal travelogue to delectable desserts - this could easily be titled Sweets and the Single Girl. " - Lit Chick"If you love Paris and New York (what a perfect combination) plus a dose of the sweet then this is the delicious memoir to indulge in." - French Essence"A starry-eyed tour of the City of Light's best pacire;tisseries, juxtaposed with the American-style treats of her beloved New York." - Adventures in Food, France and Beyond"It's fun, it's tooth-achingly sweet, and I loved every minute!" - All Things Luxurious"If you have a sweet tooth, if you want to live vicariously through the eyes of Amy Thomas as she spends time in both Paris and New York, then this may be a good choice for you." - Adventures of an Intrepid Reader"The book is an entertaining memoir about a girl and her love for Paris [as well as her struggle with loving New York too]." - Gourmet Galley"[The] storyline kept me engaged and, of course, the chocolate descriptions kept me salivating." - Bookshipper"This little book is a treat for the senses and the mind. You will feel as if you are on a sweet ride with Amy." - Maurice on Books"Though I don't recommend reading this tribute to deliciousness during a 21-day-juice cleanse ndash; you'd surely lose the will to go on ndash; it's the perfect book any other time you find yourself in need of geographic or baked escapism." - The Chalkboard Magazine"Thomas's story in Paris, My Sweet is inspiring in her quest to redefine her life for herself--and of course, will leave readers longing for a quick dash into a Parisian bakery." - Shelf Awareness for ReadersAbout the AuthorAmy Thomas is a New Yorkndash;based writer who, for two lucky years, got to call Paris home. In addition to working as a copywriter in advertising, she writes about food, travel, design, and fashion for various publications such as the New York Times, National Geographic Traveler, Town Country, and Every Day with Rachael Ray. She is slightly obsessed with sweets.Excerpt. copy; Reprinted by permission. All rights reserved.I guess you could say my story began with a bicycle and some bonbons. At the time, it just seemed like a fun summer vacation: it was 2008, and I did an apartment swap with someone in Paris. I had already visited earlier that year, but what can I say? When the invitation to spend time in the City of Light (and Dark Chocolate) comes knocking, my first response is "pourquoi pas?" I've just always been one of those girls. I spent a college semester in Paris, and it was then I fell in love with the city's beauty and gracemdash;and Nutella street crepes. When I returned to the States, I wore silk scarves and a black beret; the only thing missing from my clicheacute;d uniform were the Gauloises cigarettes. I binged on French films, schooling myself in nouvelle vague directors, falling especially hard for Eric Rohmer, before contemporary movies like The City of Lost Children and Ameacute;lie seduced me. I studied the Lost Generation, reading Hemingway, Fitzgerald, and Janet Flanner, and built a mini-library so I'd never be far from Paris. I had books about cats in Paris,

dogs in Paris, expats in Paris; Parisian interiors, Parisian gardens, and Parisian cuisine, organized by neighborhood; bistros of Paris, patisseries of Paris, and shopping in Paris. I became a regular at a cafe; in my neighborhood in San Francisco simply because it served cafe au lait in little bowls instead of mugs, and I had more Eiffel Tower tchotchkes than I am comfortable admitting. I was just another Francophile, like you. Until that summer of 2008. That trip was the first time I was in Paris during the summer, and it was absolutely amazing. I loved that it was light out until after 10:00 p.m., giving me several extra hours to roam back-alley streets and sit by the Seine. I was excited to discover new neighborhoods like Bercy and Canal Saint-Martin and new "bistronomy" restaurants like Le Verre Volant; and Le Comptoir du Relais. I got sucked into the semi-annual sales, les soldes, and hooked on Vealib's, the public bike-sharing system. And then there were all the chocolatiers. By that time, I was just as obsessed with sweets as I was Paris. I had a column in Metro newspaper called "Sweet Freak" and a blog by the same name. I knew every bakery, dessert bar, gelateria, tea salon, and chocolatier in New York City. When I traveled, I built my itinerary around a town's must-visit sweet spots. So naturally during that week in Paris, I researched the city's best chocolatiers, mapped out a circuit, and then Vealib'ed between eight of them. It was exhilarating and exhausting, not to mention decadent. It was a chocoholic's dream ride. I wrote about my Tour du Chocolat for the New York Times, and it went on to become a top-ten travel story for the year. As I was secretly plotting a way to spend more time eating chocolate in Paris, the in-house recruiter of the ad agency where I worked casually walked into my office one day and asked if I wanted to move to Paris. I was getting transferred to write copy for the iconic fashion label Louis Vuitton. It all happened so suddenly, and seemed so magical, that I had to ask: was Paris my destiny or sheer force of will? I guess it goes to show that you just never know where life will take you. You search for answers. You wonder what it all means. You stumble, and you soar. And, if you're lucky, you make it to Paris for a while. Here's what happened when I did.