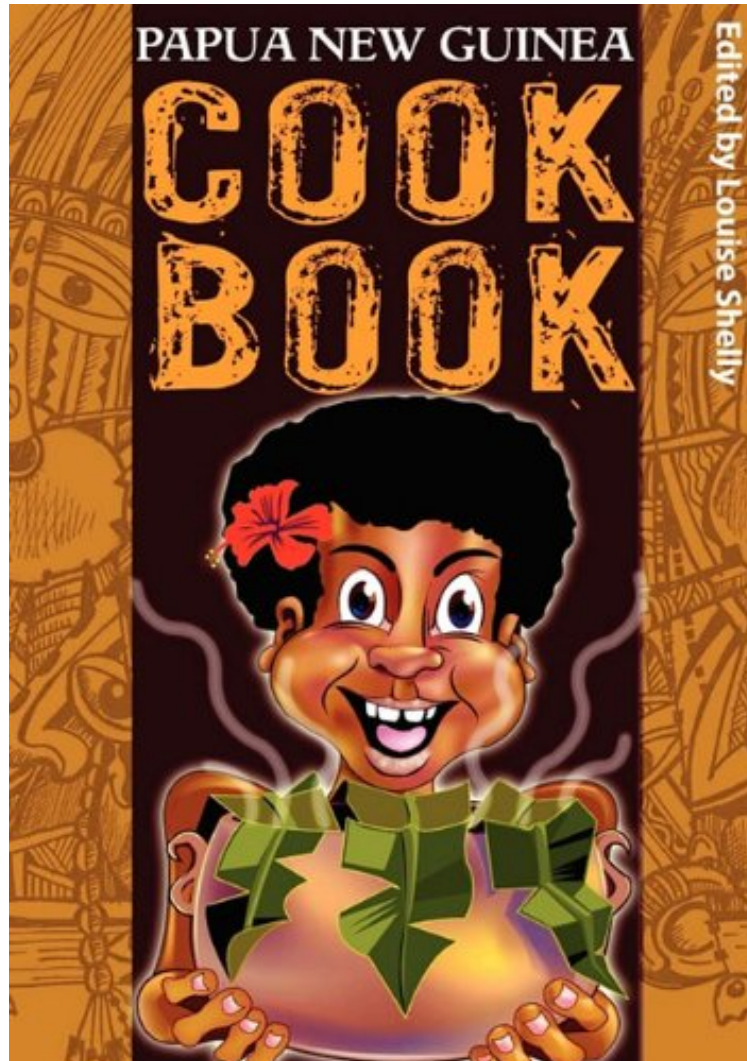


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## Papua New Guinea Cook Book

*From University of Papua New Guinea Press*  
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**From University of Papua New Guinea Press : Papua New Guinea Cook Book** before purchasing it in order to gage whether or not it would be worth my time, and all praised Papua New Guinea Cook Book:

The Papua New Guinea Cookbook comprises recipes from and adapted to Papua New Guinea. Descriptions of commonly available ingredients, methods of preparation, local names, information on converting measurements, substituting ingredients, and adjustments for high elevations, are all included in this compilation. Recipes are divided into two groups. The first group of recipes includes both traditional and modern recipes from PNG. Some of these

recipes are written in Tok Pisin. The second group of recipes uses ingredients that are available in PNG. This group includes both recipes from other tropical countries and recipes that have been adapted to and tested in Papua New Guinea, such as breads.