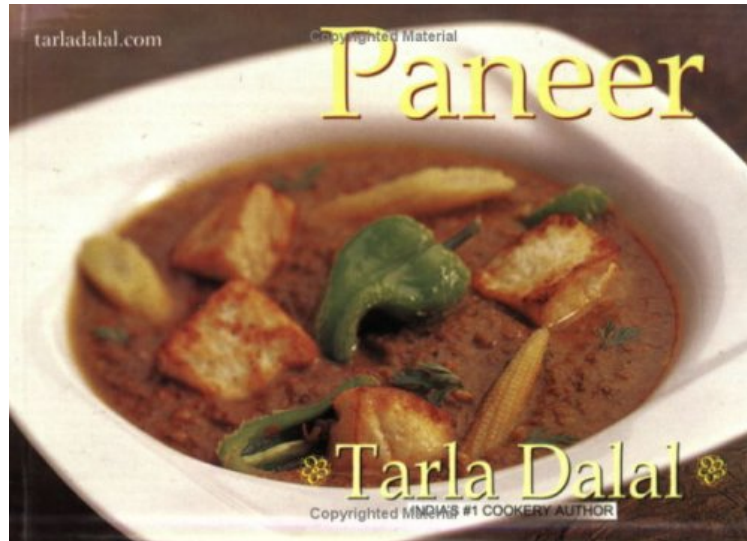


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## Paneer

Tarla Dalal

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DESCRIPTION Paneer tastes just as delicious in a subzis as it does in a Continental preparation.. turn the pages of this book and enthral yourself with the many wonderful ways in which you can use this versatile ingredient.

About the AuthorMrs. Tarla Dalal is India s best - selling cookery author since over 2 decades. She has written a total of 100titles, several of which have been translated in various languages like Hindi, Gujarati, Marathi, Bengali and even Dutch and Russian! The total sales of her cookery books exceed 3million copies. Her first book The Pleasures of Vegetarian Cooking , which was published in 1974, was an instant success with indian housewives. The book, which is considered a classic in cookery books, has sold a record 1,50,000 copies. Lately there has been a new addition to the list called the TOTAL HEALTH SERIES. These are health related cookbooks with recipes and information on various subjects like The Pregnancy Cookbook, Baby and Toddler food, Delicious Diabetic Recipes, Fast foods made Healthy, Healthy Breakfast, Healthy Soups and Salads, Cooking with 1 Teaspoon of Oil, Healthy Soups and Salads, Healthy Breakfast and Calcium Rich Recipes has been her best selling book recently. In addition to writing cookbooks, Mrs. Tarla Dalal also has a major web presence in the form of tarladalal.com, the largest Indian food site.