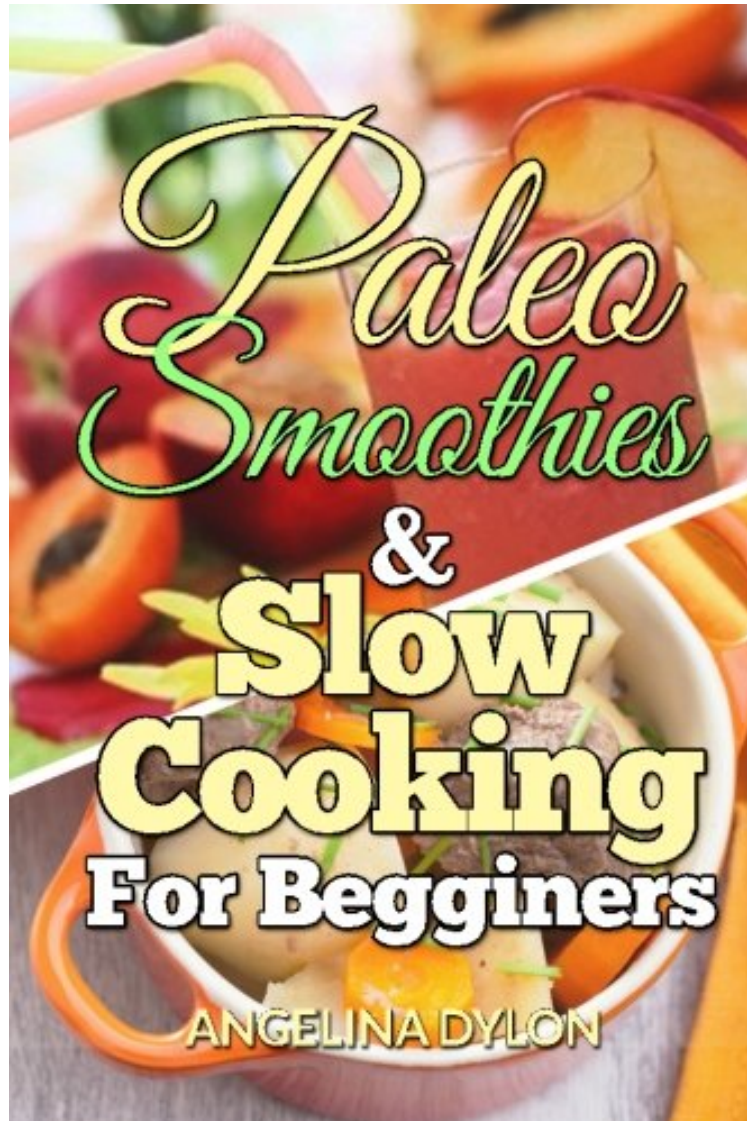


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Paleo Smoothies Slow Cooking For Beginners - 2 in 1 Box Set

Angelina Dylan

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GET 2 BOOKS FOR THE PRICE OF 1! THAT'S RIGHT BUY ONE GET ONE FREE!Paleo Smoothies: Recipes to Energize and for Weight LossDelicious smoothie recipe book which is quick easy to make for weight loss and

Healthy! The Paleo diet may seem restricting but with this cook book, the reader can find a variety of smoothie recipes that are acceptable meals or snacks in the paleo diet. Recipes for the following smoothies are included: Vegetable and green smoothies, fruit smoothies including strawberry, banana, rhubarb, coconut, and pineapple, detox smoothies. Also included in the book are: Nutritional facts for each recipe and some fun and interesting facts on ingredients used in the recipes. Book helpful for those following the Paleo diet, but it also provides variety for anyone who is interested in eating healthy. Ingredients used in these smoothies are not uncommon, but are easily obtained ingredients. This makes creating these smoothies enjoyable, easy and delicious.

Slow Cooking For Beginners The step-by-step guide to slow cooking with over 35 delicious slow cooking recipes for eating clean. Take out your slow cooker and start enjoying these delicious recipes. In a busy life, there are many times when you just don't feel like cooking. You may end up relying on junk food or just throwing something together for dinner. Now you can easily make delicious meals with a slow cooker and these great recipes we offer in the *Slow Cooking for Beginners*. This cookbook is a collection of over 35 slow cooking recipes picked especially for their ease and in preparation. Not only will you find tempting recipes like vegetable pot pie and glazed chicken thighs, but this book will also arm you with safe slow cooking tips. This book features:

- Flavorful recipes including main dishes, side dishes and restaurant favorites
- Best slow cooking tips
- Tricks
- Nutritional analysis
- Easy to find ingredients

What more could you ask for? This book is everything you need to learn about slow cooking. Plus you can enjoy a variety of delicious, satisfying meals every day without spending hours in the kitchen. Order your copy now and you can be making these yummy time and money-saving recipes for your family meals immediately! **Scroll Up and Grab Your Copy!**