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## **Paleo Smoothies: 30 Easy, Quick, and Delicious Paleo Smoothie Recipes to Help You**

*Marissa Pavone*

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**Marissa Pavone : Paleo Smoothies: 30 Easy, Quick, and Delicious Paleo Smoothie Recipes to Help You** before purchasing it in order to gage whether or not it would be worth my time, and all praised Paleo Smoothies: 30 Easy, Quick, and Delicious Paleo Smoothie Recipes to Help You:

Easy and Delicious Paleo Smoothies Let's make Paleo a little easier and more delicious. Marissa Pavone highlights her favorite smoothie recipes that have helped her stay on her Paleo path! The Paleo Smoothie recipes found in this book are quick, easy, and straightforward. You will find recipes that include: - Avocados - Bananas - Cocoa - Mango - Cantaloupe - and many more delicious ingredients