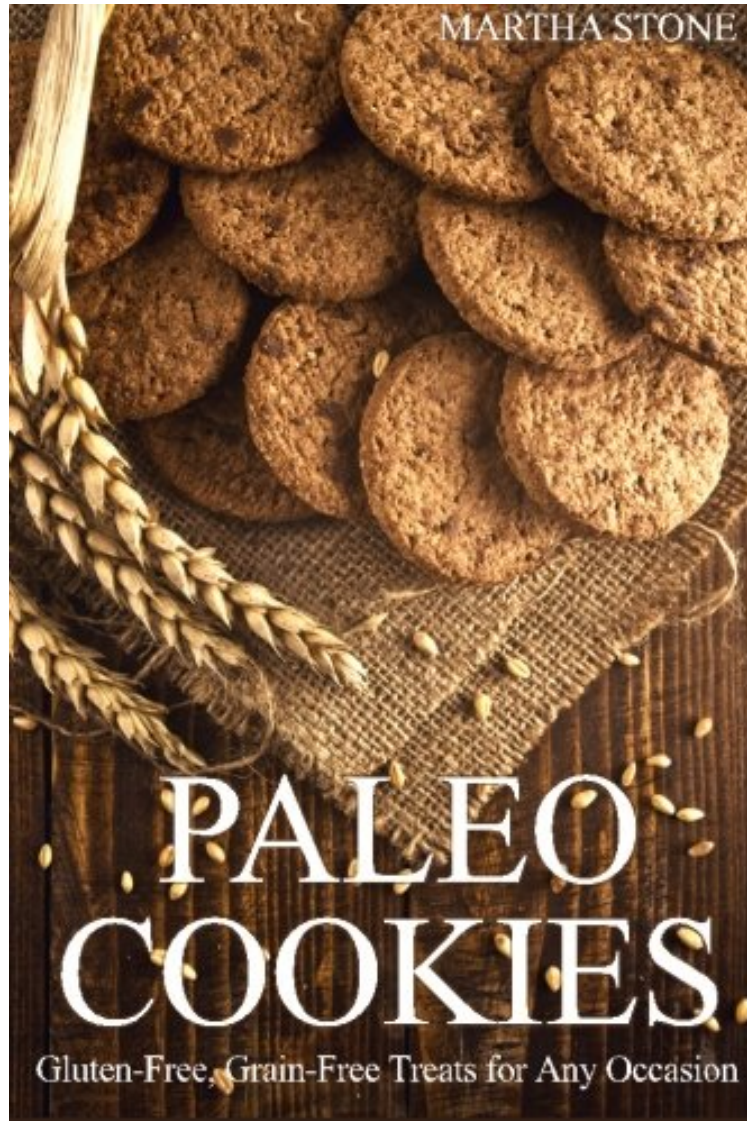


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Paleo Cookies: Gluten-Free, Grain-Free Treats for Any Occasion

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Making the choice to follow the Paleo Diet can be challenging, but it is definitely a smart move. You may find that, in transitioning to your new diet, that you can't eat some of the things you used to. Do not worry – you can still enjoy all

of your favorite foods, even cookies! In this book you will find 25 recipes for unique Paleo-friendly cookies that are made using almond flour and coconut flour rather than traditional all-purpose flour. These recipes are sweetened with maple syrup and honey rather than processed sugar and flavored with things like fresh berries, dried fruit, and chocolate. So what are you waiting for, start baking!