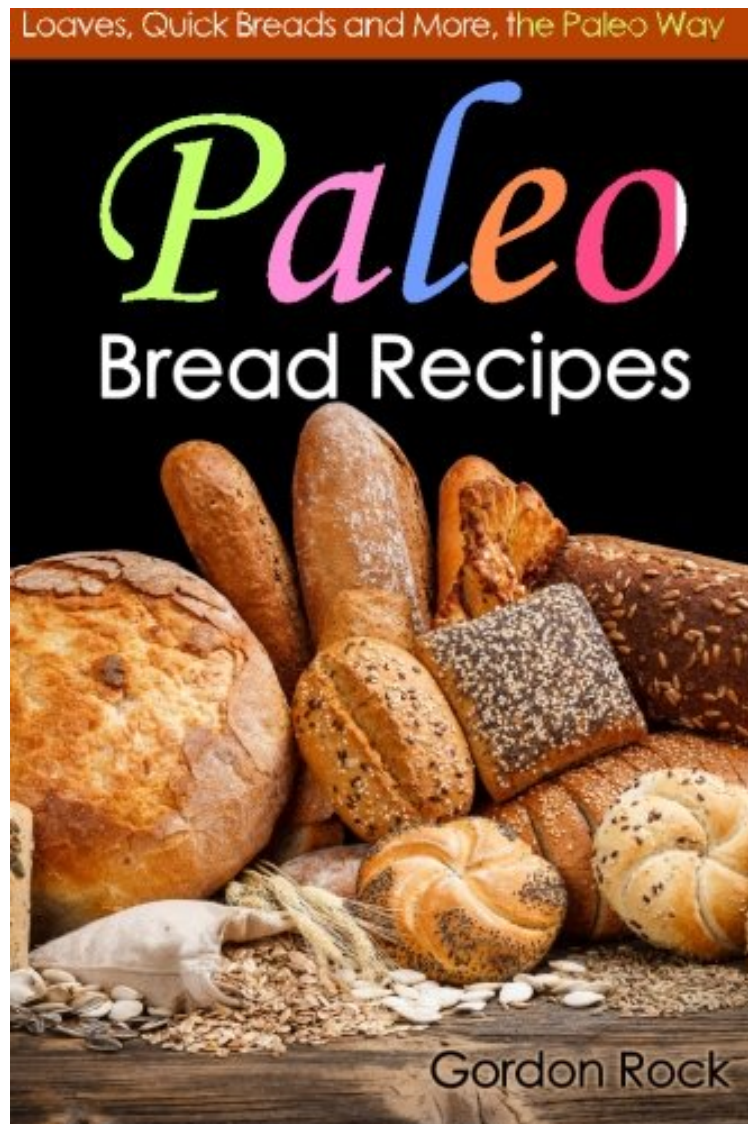


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Paleo Bread Recipes: Loaves, Quick Breads and More, the Paleo Way (Paleo Diet Cookbook) (Volume 1)

Gordon Rock

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Gordon Rock : Paleo Bread Recipes: Loaves, Quick Breads and More, the Paleo Way (Paleo Diet Cookbook) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Paleo Bread Recipes: Loaves, Quick Breads and More, the Paleo Way (Paleo Diet Cookbook) (Volume 1):

0 of 0 people found the following review helpful. THIS BOOK IS WONDERFUL / YOU WON'T BE DISAPPOINTED !!!!!By SuzzieI LOVE BREAD and have been looking for an excellent recipe book for PALEO BREAD RECIPES. Well this book is it. It contains sooo many you want to try every single one and the banana, nut, chocolate chip recipes look easy to make because if your eating PALEO you already have most if not all of the ingredients. I am very happy I purchased this book and anxious to be eating BREAD again. Suzzie0 of 0 people found the following review helpful. Simple recipesBy CustomerI was surprised by the simplicity of a lot of these bread recipes. They sound really good. Easy ingredients, easy to follow directions. Can't wait to try some of them.0 of 1 people found the following review helpful. Delicious bread alternativesBy NancyMy son has a gluten allergy, so switching over to a Paleo diet, in regards to bread anyway, was pretty easy. I love bread, and having alternatives like this make it so much easier for me to stick to it instead of cheat. I made the Blueberry Lemon bread for my son and the whole thing was gone in a day! Great recipes!

Just because you are following the paleo diet doesn't mean that you have to give up bread. As an alternative to grain-based flours you can use flour made from nuts and seeds – coconut flour and almond flour are two prime examples of flours used by followers of the paleo diet. In this book you will receive 25 delicious paleo bread recipes for different breads made using paleo-friendly flour. From classics like Banana Bread to unique flavors like Cherry Lemon Bread, the recipes in this book are sure to please. Not only are these recipes delicious but they are recipes for paleo bread free from gluten-containing ingredients. If you are ready to giving paleo bread cooking a try, this book is the perfect place to start!