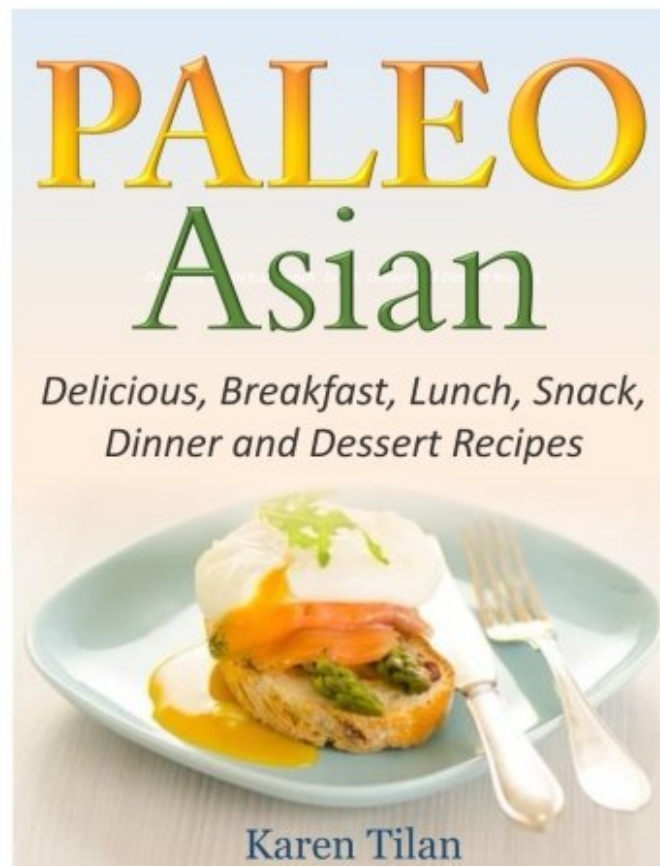


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# Paleo Asian Recipes: Delicious, Breakfast, Lunch, Snack, Dinner and Dessert Recipes

*Karen Tilan*

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Paleo Asian Recipes: Delicious, Breakfast, Lunch, Snack, Dinner and Dessert Recipes Bacon and Avocado Omelet Shrimp and Mushroom Quiche Filipino Style Roasted Chicken with Veggies Beefy Japanese Curry Chinese Orange Chicken Shabu-Shabu Paleo Platter Duck Paleo Okonomiyaki Pork Aloha Skewers Salted Duck Eggs with French Beans Steak Lettuce Wraps with Quick Pickles Awesome Ais Batu Campur (ABC) Milky Melon with Sago And Jelly

Mountain Paradise, amongst others! Aside from these great recipes, you will also learn why you should use the ingredients mentioned in this book and how each of these dishes can be healthy for you. Interesting Facts about some of the recipes can also be found here. It's important to get informed about your health—and it's even better to be able to create healthy dishes that will surely get everyone's attention. Start reading this book now and eat your way to a healthy life!