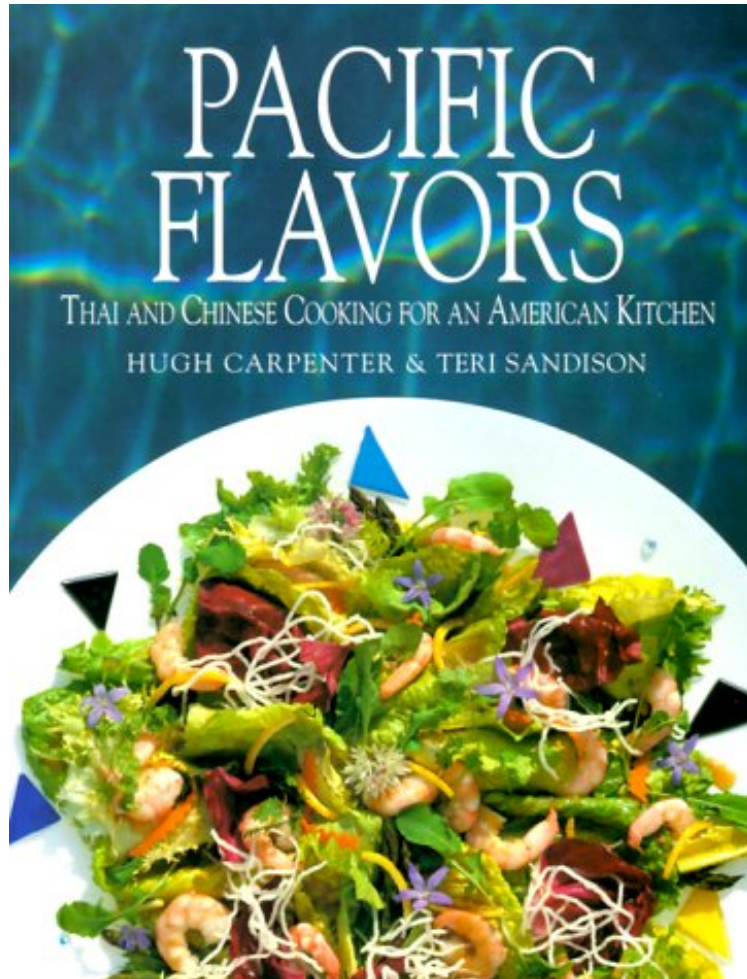


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A frequent traveller to the Orient, the author has produced a book of food that combines Thai, Vietnamese and

Chinese seasonings with ingredients from his native Pacific coast. The result is food that is light, healthy and easy to prepare. The book won the Best Asian Cookbook of 1988 IACP/Seagram Awards.