

Oriental Cooking the Fast Wok Way

Jacqueline Heriteau

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Jacqueline Heriteau : Oriental Cooking the Fast Wok Way before purchasing it in order to gage whether or not it would be worth my time, and all praised Oriental Cooking the Fast Wok Way:

0 of 0 people found the following review helpful. As Good As I Remembered!By Ima BookreaderI bought this book back in the 70's and I loved it. I lost is some where along the way and was so happy to find it again. There are so many great recipes in this book. I wondered if I still would think they were good since my tastes have changed in the 40+ years. They are still great! One of my very favorite recipes is for the almond cookies. You used to get an almond cookie in a Chinese restaurant after a meal, but not anymore. These were as good as I remembered! It was funny seeing one of the ingredients for a recipe being MSG, and I do remember having it to put into the recipe. We all know better now. Another thing was seeing a recipe calling for lard or chicken fat. Since then that has been a big taboo, but luckily it's coming back to light that those fats are good for you, and they taste so much better!Great book!!!3 of 3 people found the following review helpful. I love this old recipe book.By Genie L. RobinsonThe recipes in this book are more authentic than in any other Asian cookbook I own. Don't let the lousy title and the age of the book fool you, this has some really fantastic recipes and cooking tips in it. I found a copy of this book at a thrift store and loved it so much that I came to buy two more copies for my brothers.0 of 0 people found the following review helpful. Added to my cookbook stackBy DanAdded to my cookbook stack

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