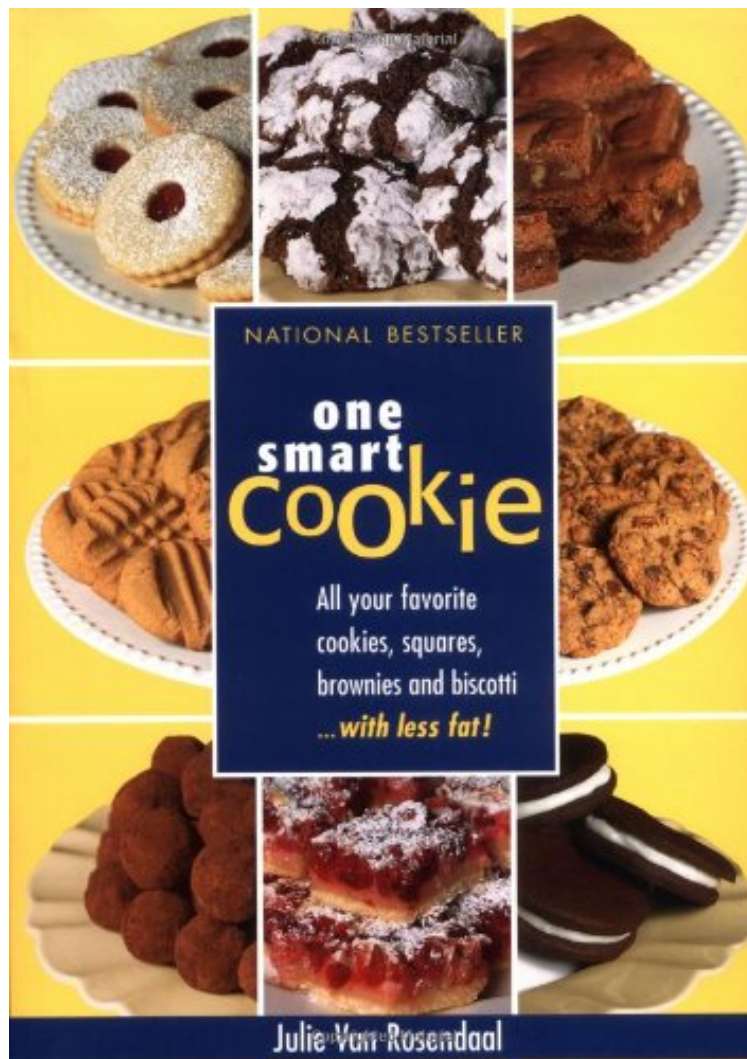


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## One Smart Cookie: All Your Favourite Cookies, Squares, Brownies and Biscotti... with less fat !

*Julie Rosendaal*

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**Julie Rosendaal : One Smart Cookie: All Your Favourite Cookies, Squares, Brownies and Biscotti... with less fat !** before purchasing it in order to gage whether or not it would be worth my time, and all praised One Smart Cookie: All Your Favourite Cookies, Squares, Brownies and Biscotti... with less fat !:

8 of 8 people found the following review helpful. Simple, delicious recipesBy HeatherI bake a lot, and this is one of my favourite cookbooks. The recipes are straightforward, there's lots of variety, and every one I've tried has turned out wonderfully (and I have tried probably 30 or 40 of them!)I always get requests for the recipe when I make things from

this book, and people never guess that they're less-fattening versions. I have given a couple of copies of this book as gifts and they've been much appreciated. This is my go-to cookbook whenever my family is in the mood for cookies or squares. We use it every week. 0 of 0 people found the following review helpful. great recipes By Autism Mom love it. use it all the time

Think rich, chewy, gooey, chocolaty cookies, brownies and squares are off limits? In *One Smart Cookie*, you'll be thrilled to find over 200 recipes for goodies such as Triple Chocolate Chunk Cookies, Cheesecake Brownies, Pecan Pie Squares and even Nanaimo Bars, trimmed of fat but not of flavour! Everybody loves cookies. They are as welcome at a dinner party as they are tucked into a lunch box or hanging on the Christmas tree. And we all have long-time favorites that have often become family traditions. In this book you will find lower fat recipes for your favorite cookies, squares, brownies and biscotti, as well as a wealth of information that will help you to reduce the fat in your own special cookie recipes. The desserts and snacks in this book aren't just a healthy alternative to the cookies you crave - they are the real thing!

You can use [Van Rosendaal's] suggestions to experiment with adapting your own favourite sweets. (TV Week Magazine (Burnaby BC) 20071123) About the Author by Julie Van Rosendaal