

(Read ebook) One Continuous Picnic: A History of Australian Eating

One Continuous Picnic: A History of Australian Eating

Michael Symons

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Michael Symons : One Continuous Picnic: A History of Australian Eating before purchasing it in order to gage whether or not it would be worth my time, and all praised One Continuous Picnic: A History of Australian Eating:

Australians first confronted the oddities of their national cuisine when this gastronomic classic appeared 25 years ago. Because Australia never had a peasant farming class with local cooking customs, the book explains, camp food became the mainstay of the Aussie dining tradition. Portable weekly rations of mutton, flour, and tea had turned the

early settlers into a mobile army, and their suburbanite descendants still survive on tins of jam, condensed milk, camp pie, and beer. A cry for action, the book successfully launched a new Australian taste for fresh produce, farm markets, and international flavors more than two decadesmdash;one that still exists today.

About the AuthorMichael Symons is a former journalist for the Sydney Morning Herald and the author of The Pudding that Took a Thousand Cooks and A Shared Table.