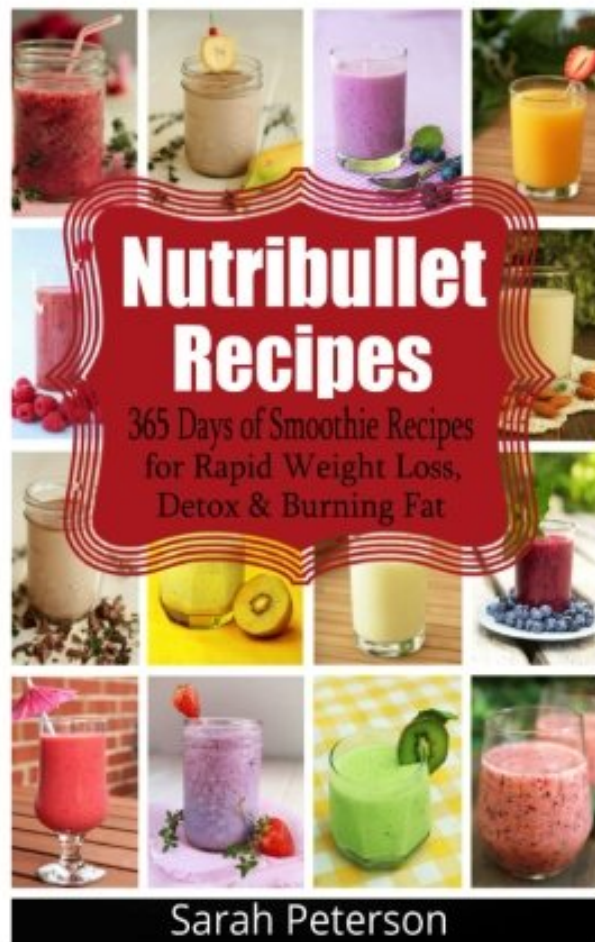


[Free] Nutribullet Recipes: 365 Days of Smoothie Recipes for Rapid Weight Loss, Detox Burning Fat

# Nutribullet Recipes: 365 Days of Smoothie Recipes for Rapid Weight Loss, Detox Burning Fat

*Sarah Peterson*

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**Sarah Peterson : Nutribullet Recipes: 365 Days of Smoothie Recipes for Rapid Weight Loss, Detox Burning Fat**  
before purchasing it in order to gage whether or not it would be worth my time, and all praised Nutribullet Recipes:  
365 Days of Smoothie Recipes for Rapid Weight Loss, Detox Burning Fat:

13 of 14 people found the following review helpful. Becoming a NutriBullet ninjaBy excellentwheelsI downloaded  
this book because I have several friends that have become obsessed with their NutriBullet so much so that I have taken

to referring to them as acirc;euro;oelig;NutriBullet-ninjasacirc;euro;• and they are always telling me how healthy making your own juice smoothies is for the body. Whether you are working out trying to have a balanced diet on the go or trying to lose weight so I thought I would do a little research and see if I can find a recipe book that would give me an idea for a smoothie or juice plan to drink that they had not tried before, so I could show off my NutriBullet-ninja skills. The next time we got together for a brunch or a game of basketball or a hike. Anything that would need a nutritious juice drink or smoothie to accompany us. Sure enough, this book delivered exactly that is chocked full of delicious and nutritious smoothie and juice recipes that are good for everything from weight loss to breakfast or replenishing the vitamins and minerals lost during a workout or strenuous activity such as hiking or basketball. My personal favorite recipe so far, happens to be a tie between the green tea and veggie smoothie and pineapple avocado and watercress smoothie simply because I did not think that these particular ingredients in combination (into distinct drink recipes. Of course) could be as delicious as they are. So if you are looking for some healthy yet delicious smoothie and juice recipes, then I suggest you give this book a try. You will not be disappointed. Your body and the NeutriBullet-ninjas in your life will thank you so will your taste buds. This book is written in plain, easy to understand language that does not require a culinary degree to decipher and for the price point. I am very pleased with my purchase. 7 of 8 people found the following review helpful. I'm definitely a fan of the recipes! By Dennis R. I'm definitely a Nutribullet fan and this book is a must have for those who value time and nutrition. Bottom line is hard to come up with several "Tasty" recipes ideas on your own with the Nutribullet. You can't beat the cost of the book either. Personally and currently I'm into the weight loss recipes and one of my favorites is the Nutribullets's Waistline Reducer Smoothie using the Chia seeds. This recipe's book seems to contain so many tasty recipes using just a few low cost ingredients that I've never think before. Irsquo;d definitely recommend having a book like this in the kitchen or in the cellphone. Dennis Ruiz 1 of 1 people found the following review helpful. Healthy Nutribullet recipes. By John C. David Buying the Nutribullet has helped me a lot in my quest for a healthy lifestyle. It is basically not just losing weight and being in shape but more of keeping a healthy body. Now, with the Nutribullet recipe, I did not only discover being healthy but also being healthy while enjoying different tastes that are very pleasing to my palate. Even the kids love the smoothies not realizing that some ingredients are veggies. With the numerous recipes, I can have new good tasting juices and smoothies everyday. And what's great is this book gave me ideas on what to make in 365 days, that's for a whole year which I can also continue making for the next coming years. Good book with great recipes. This recipe book would be perfect for anyone who would like to make good use of their NutriBullet and who are opting to start living a healthy lifestyle.

**DISCOVER 365 DAYS OF AMAZINGLY DELICIOUS, FAST EASY NUTRIBULLET RECIPES** If you want to prepare quick, easy and delicious smoothies, shakes, soups and more then this recipe book is for you.... **THIS RECIPE BOOK** was created for people like you who are **BUSY** but still want to eat healthy. When it comes to getting your daily dose of fruits and vegetables, it seems that there is just not enough time in the day to make sure that you have consumed the amount that is necessary. Some of us make it a point to go to the store and purchase a hefty amount of fruits and vegetables, thinking we will certainly eat them throughout the week, and then they get tossed when we forget about them. One of the best solutions to this problem is juicing with the Nutribullet. Using this book, you will come across a variety of different juice blends that work to combine fruits, vegetables, and other ingredients so you can truly get the most out of what you put into your body. Various combinations of ingredients, as you will notice, work to ward off illness and keep your energy up, while other combinations might help treat stubborn acne or improve your complexion. Whatever the area you are targeting - whether it be internal or external - there is surely a Nutribullet recipe in here that will work for you. These recipes are delicious, easy to concoct, and will leave you feeling completely refreshed and energized. **HERE ARE JUST A FEW OF THE AMAZING NUTRIBULLET RECIPES INSIDE THIS BOOK** \* Nutribullet Green Appleicious Smoothie \* Nutribullet Virility Smoothie \* Nutribullet Strawberry Banana Fusion Smoothie \* Nutribullet Tomato Soup \* Nutribullet Roasted Hummus \* **MUCH MUCH MORE!**