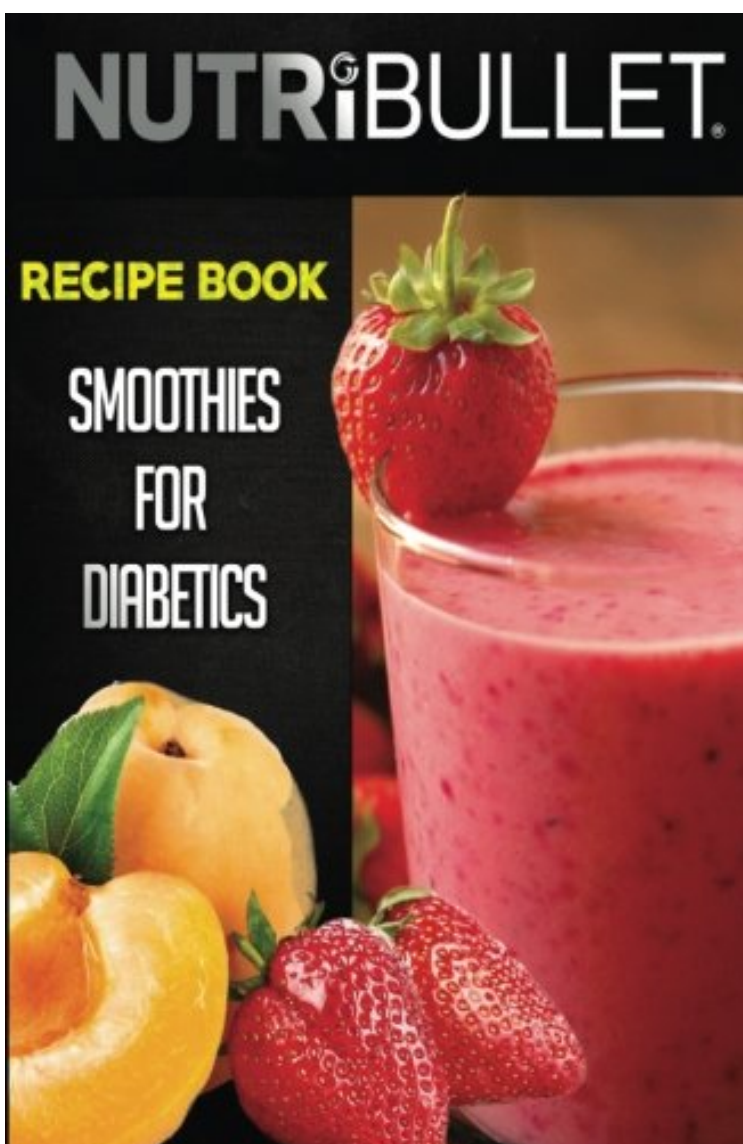


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Nutribullet Recipe Book: SMOOTHIES FOR DIABETICS: Delicious Healthy Diabetic Smoothie Recipes For Weight Loss and Detox (Smoothies for diabetics, ... smoothies, Diabetic smoothie recipes)

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7 of 8 people found the following review helpful. **WONDERFUL SMOOTHIES**By JohnWhile I'm not a diabetic, I thought that this book would be a great source of very healthy smoothies. I was right, it is full of easy to make and delicious smoothies. What a great way to increase your intake of fresh fruits and vegetables. I try every day to replace one or two meals with a healthy smoothie. The smoothies may not have been intended for you to lose weight, but they work for me. My granddaughter is especially fond of the Banana-Mango smoothie, while I favor the Banana-Strawberry smoothie. I have tried about half of the smoothies in the book. Some are a lot better than others. I would really like to see a calorie count included. That being said I definitely would recommend this book to anyone looking for good smoothie recipes. I received this product at a discount to allow me to test it, and then write a review based on the results of my experience. I am not affiliated with this company and I never promise to provide a positive review when offered a discount. I tested the product thoroughly so that you may make an informed decision. My hope is that these reviews are helpful to others. If you feel that my review was helpful, please let me know by selecting helpful from the options below. If I did not hit on key points that you thought would have helped others, please comment with how I can improve, as this will help me to be a better reviewer. The views expressed are 100% my own and are in no way influenced by the promotion that I received. 0 of 0 people found the following review helpful. **Five Stars**By S LMy family loves the smoothies in this recipe book. 0 of 0 people found the following review helpful. **Very Helpful Book**By CustomerHas a lot of great ideas for diabetic smoothies.

Nutribullet Recipe Book: SMOOTHIES FOR DIABETICS In this book you will learn delicious and healthy ways to prepare smoothies that are perfect for diabetics, however, everyone will enjoy it and its benefits. The biggest concern that diabetics have is the sugar content in fruits. It's true that fruit contains glucose, and you should monitor your sugar and carbohydrate intake, however, you can enjoy fruits and greens. In fact, green smoothies that you find in this book is proven to yield many benefits for people suffering from diabetes. Smoothies can boost weight loss, increase energy levels and improve your overall health, in turn, relieving diabetes condition. People have reported that drinking green smoothies allowed them to lose 20-50 pounds and some even managed to get off insulin. In this book, you'll find lots of delicious and healthy smoothie recipes to choose from. Just drink one or two a day and you'll begin to see the results. In this book you will learn the following awesome Smoothie for diabetics recipes: Sunrise Smoothie Peachy Apricot Slush Harvest Time Sweet Potato Smoothie Green Smoothie Orange Green Smoothie Hemp Green Smoothie Avocado Green Smoothie Super Green Smoothie Lime and Spinach Smoothie Blueberry-Almond Smoothie Pina Colada Smoothie Peach Smoothie Berry Blast Smoothie Banana Mango Smoothie And much more! ----- Tags: Smoothies for diabetics, smoothies for weight loss, detox smoothies, diabetic smoothies, diabetic smoothie recipes, diabetic recipes, diabetic cookbook.