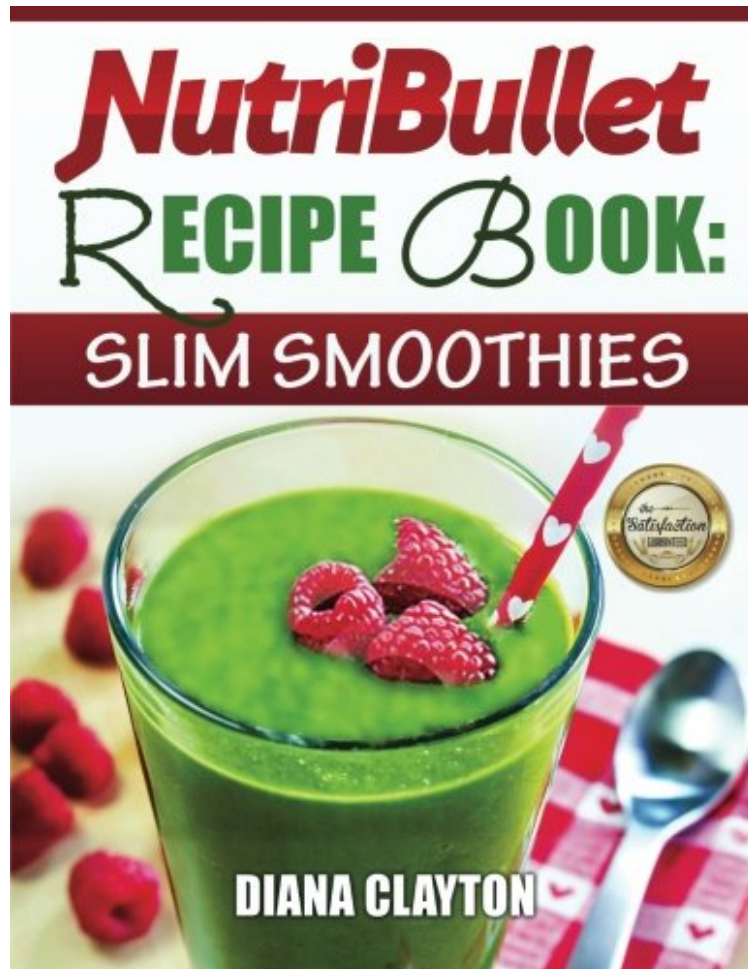


(Download) NutriBullet Recipe Book: Slim Smoothies!: 81 Super Healthy Fat Burning NutriBullet Smoothie Recipes to Lose Weight and Enhance Health

NutriBullet Recipe Book: Slim Smoothies!: 81 Super Healthy Fat Burning NutriBullet Smoothie Recipes to Lose Weight and Enhance Health

Diana Clayton

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Diana Clayton : NutriBullet Recipe Book: Slim Smoothies!: 81 Super Healthy Fat Burning NutriBullet Smoothie Recipes to Lose Weight and Enhance Health before purchasing it in order to gage whether or not it would be worth my time, and all praised NutriBullet Recipe Book: Slim Smoothies!: 81 Super Healthy Fat Burning NutriBullet Smoothie Recipes to Lose Weight and Enhance Health:

4 of 4 people found the following review helpful. My kids love being green...By Elle J.Now that I am transitioning to a healthy lifestyle, my dietitian highly recommended getting a NutriBullet to help with my digestive system so I can loose more weight the healthy way. My kids also need to eat more healthy and I have to be smart with their transition.

So, I followed her suggestion. Well, they do not like eating veggies (many kids don't) and this is the perfect way to get them to consume green foods for the fiber and nutrients. There are many recipe books to choose from. The author has a few recipes in the preview and I tried a couple before I got the book! Smart move on her part. We also made the Blueberry Pomegranate Smoothie and the kids loved it! In fact, I had to make a second batch which I did not mind at all. The first batch I followed the recipe as written. The second batch I substituted the pomegranate juice with oj (per author's recommendation) and I added pomegranate fruit. I also added one green apple (sliced w/skin)...the result...Awesomeness!! And the great benefit of the NutriBullet is that we get the full nutrients and vitamins from the fruit and veggies because the good stuff is in the skin, leaves and stem. I am excited about this 'sweet' find and I am more excited that the kids love it!

5 of 5 people found the following review helpful. YummyBy
CrazysaidWhatAwesome find! The recipes in this book are so delicious, seriously. It made my hundred and some dollar purchase of the the nutri bullet worth the cost. Off the top of my head, the Tropical Island Smoothie and the Tropical Almonde smoothie are two of my top favorites. All the other recipes are taste but those two, they're heavenly. My husband, who vowed he would never be into smoothies, is now trolling over my servings. I do t really mind, since it's healthy, and I need him to be healthy. Note: all recipes are for 2 servings, but I split the recipe in half to only make one serving, when needed.

3 of 3 people found the following review helpful. Wonderfully yummy, healthy easy recipes
By MaggieI love this Nutri Bullet Recipe Book, you definitely have to get this if you have one but if you just have a blender that works with these recipes too! I love these recipes; they are simple and call for ingredients yoursquo;ll most likely have already which I loved. I like playing with recipes too but I cansquo;t start from nothing like some people do or it will just taste horrible so I use these recipes as a jumping off point. Like the chocolate banana one sounds so good but unfortunately Irsquo;m allergic to bananas so I just substitute. It also gives you options if you want more of one ingredient you can substitute out something or if you want to go all out it will give you a hint to add vanilla extract for example. I just love these recipes and I can have it on my kindle next to me when I make stuff and itrsquo;s that much better and easier for me. That way too my family doesnrsquo;t see that Irsquo;m adding vegetables to their ldquo;fruit smoothiesrdquo; and they love them and drink them all up. Great recipe book! Definitely recommended!

There's a new kid on the smoothie block--the Nutribullet! The powerhouse of all pulverizers, this handy gadget puts other blenders to shame when it comes to creating sensational smoothies! Because the Nutribullet breaks through everything--skins, seeds, stems, nuts--it is ideal for making healthy, nutritious drinks from the best natural foods. Until now, most blenders promised the world but didn't deliver. The Nutribullet, however, with its 600-900 watt torque motor and stainless steel extractor blades that never need sharpening, delivers everything promised and more--delighting NutriBullet users all over the world. Until now, Nutribullet users haven't had a great range of recipes specifically for their machine with nutritional info provided. Many NutriBullet recipe books are rather dull or redundant and don't provide much variety or information for the NutriBullet user. Enter THE NUTRIBULLET RECIPE BOOK: SLIM SMOOTHIES, a cornucopia of delicious recipes designed to turn anyone into a "smooth-a-holic"! These NutriBullet recipes target a variety of health areas under the guise of addictively delicious drinks. There's something for everyone from the exotic ambrosias to the traditional feel good smoothies such as the Green Mango Citrus Smoothie, the Pineapple Coconut Smoothie and the Oatmeal Raisin Cookie Smoothie. Ranging from 'Beginner and Kid Friendly' smoothies to 'Cleanse and Detox', 'Energy Boosting', 'Heart Healthy, Weight Loss', 'Protein Dessert' and MUCH more, these NutriBullet smoothies literally burst with mouth-watering flavor, while providing health benefits unparalleled. NUTRIBULLET RECIPE BOOK: SLIM SMOOTHIES, is the perfect book to get you on the highway to health, happiness, and smoothie heaven! Just Sip, Smile, and Repeat!