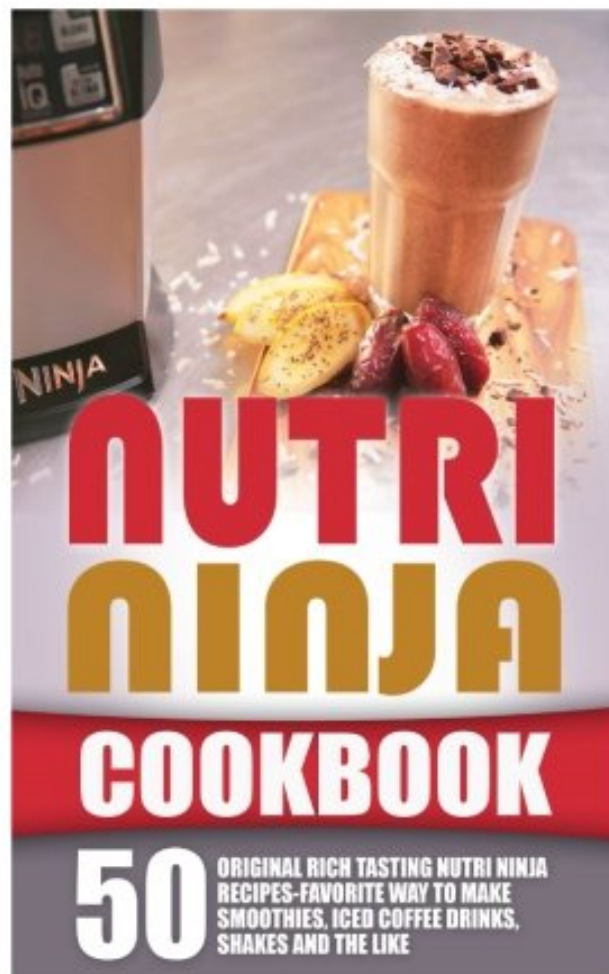


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5 of 5 people found the following review helpful. A great grab!By Malia WrightThis is the first time I've come across a Nutri Ninja cookbook. 50 nutritious and tasty smoothies, iced coffee drinks, and shakes? With all of these in one book, it's hard for me to run out of ideas! And since these smoothies are nutritious and wholesome and something even my kids can benefit from, I'll be able to make them even more varieties now. Some of the recipes that I like the most: Strawberry-Banana Flax seed Smoothie Raspberry and Peanut Butter Smoothie Apple-Almond Yogurt Smoothie Milky Low-Carb Papaya Smoothie Banana-Almond Coffee Madness This book is a great grab! 2 of 2 people found the following review helpful. I like the way it's broken down into different types of ...By Aya Dawson This book is very informative and takes a lot of the guess work out of smoothie making. I like the way it's broken down into different types of smoothies. A fantastic little book that provides tips and recipes in a variety of categories including detox, health, and anti-aging. The recipes are simple, require few ingredients, and most importantly, sound delicious! I am looking forward to trying as many as possible! 1 of 1 people found the following review helpful. Awesome Home-Style healthy smoothie recipes By Customer This short book taught me to make healthy smoothie recipes right at home for a fraction of the price in just minutes. The recipes are mainly home-style drink which is simple and turn out tasty. They make a great breakfast or snack anytime of the day and can usually be made ahead of time. I can also load them up with nutrient dense foods and supplements to help boost my immune system or to give me an energizing power-punch to my metabolism.

50 Original Rich Tasting Nutri Ninja Recipes-Favorite Way To Make Smoothies, Iced Coffee Drinks, Shakes And The Like Prepare smoothies, shakes, drinks to get your mind blown. You can have these for any meal and it will keep you full! Originally, smoothies were made from fresh fruits like bananas, strawberries, pineapples and orange juice. Today, there are literally hundreds of combinations of fruits, vegetables, herbs and other healthy ingredients that can go into a smoothie recipe. Weight loss is not often a goal for NutriNinja users, but it's often an unexpected side effect! The increased intake of natural, whole foods and those good-for-you calories from fruit and healthy fats like avocado and nuts can lead to a slimmer waistline and looser fitting clothes. But for those actually looking to lose weight, specific recipes can go a long way in helping you reach your goals. But you also want delicious recipes! We've gathered 50+ original recipes so you can get started - no excuses! Here Is A Preview Of What You'll Learn... *Nutri Ninja: Models, Features and More *Pineapple Yogurt Smoothie *Choco-Vanilla Peanut Butter Festive Latte *Strawberry-Banana Flax seed Smoothie *Avocado Power Yogurt Smoothie with Green Tea *Raspberry and Peanut Butter Smoothie *Pineapple Yogurt Smoothie with Chia and Oats *Cocoa-Oats Almond Vanilla Smoothie *Banana-Almond Coffee Madness *Nutmeg-Cinnamon Coffee Latte *Extra Dose of Vanilla over Coffee *Coffee Hazelnut InstaDrink *Twisted Lime-Watermelon on Rocks *Much, much more! Buy your copy today! Try it now, click the "add to cart" button and buy Risk-Free