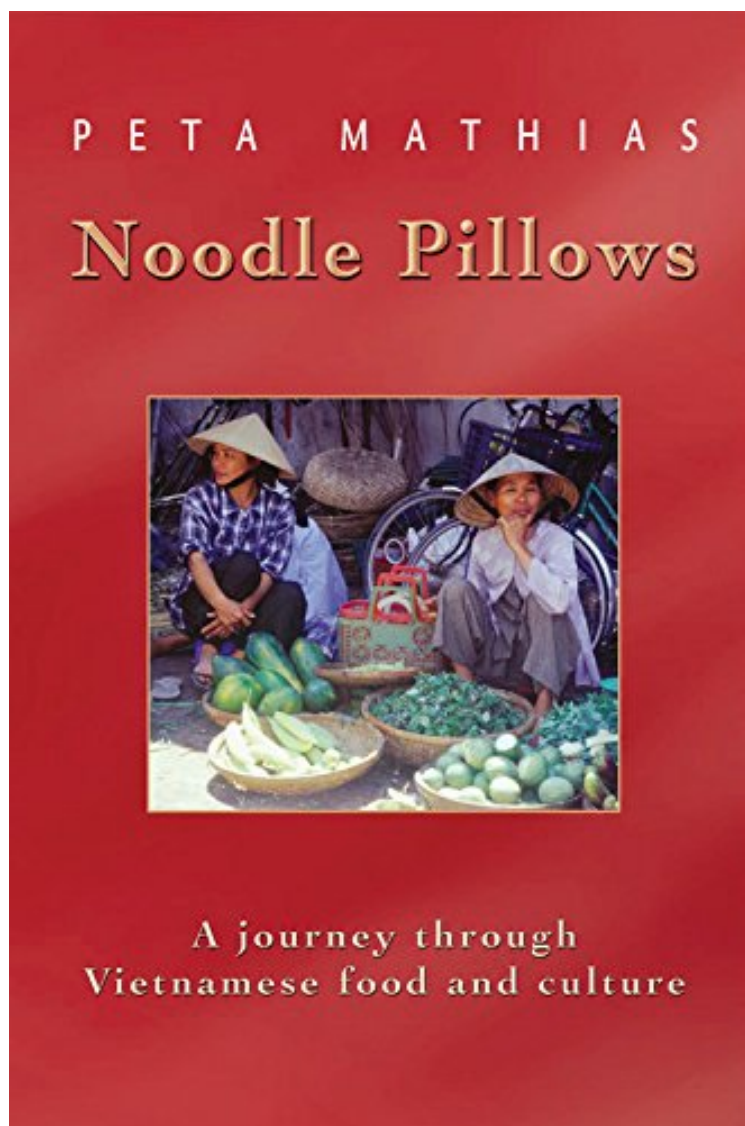


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Noodle Pillows: A journey through Vietnamese food and culture

Peta Mathias

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Peta Mathias : Noodle Pillows: A journey through Vietnamese food and culture before purchasing it in order to gauge whether or not it would be worth my time, and all praised Noodle Pillows: A journey through Vietnamese food and culture:

Travel with Peta Mathias on a culinary journey through Vietnam, from crowded Hanoi and Ha Long Bay in the north, through the ancient imperial city of Hue and romantic Hoi An in the centre, to the food capital Saigon and the

country's bread basket, Can Tho, in the south. Everywhere she goes she walks the markets, meets the people and samples the local fare - in homes, on the street and in a variety of restaurants. She discovers a rich culture and an engaging people who, despite occupation by the Chinese and the French, have retained a unique cuisine that is fresh, healthy and tasty. With more than 20 recipes, this book is designed for the armchair traveller and for anyone who wants to know more about Vietnamese food and culture.

About the Author Peta Mathias is a distinguished food writer, cook and television presenter. She has owned a restaurant in Paris, and has travelled widely from Morocco to Bolivia, from Italy to the Far East. Her top-rating television programme, Taste New Zealand, is in its eighth year, and she has previously written several bestselling books.